Mobility 2.1: How to Apply a Slide Sheet Using the Log Roll Technique

First, ask the person being transferred to bend their knees and plant their feet flat on the bed. Next, cross the person's arm over their chest, then explain to the person when you say ready, steady, roll, you will begin rolling them towards you.

To complete the roll, you will place one hand on their shoulder and the other hand on their hip. It is important to roll the person towards a caregiver. Now, tuck half of the slide sheets under the person being transferred, and then roll them onto their back. Roll the person far enough in the opposite direction so you can flatten the tuck sheet. Lastly, adjust the slide sheets so they are positioned underneath the person's head hips and shoulders.

To see the complete range of slide sheets available visit prism Medical @www.prismmedicalinc.com or any authorized prism medical dealer.