# Hygiene 2.1: Changing a Patient's Gown

Changing a patient's gown five minutes in bed. Obtain proper authorization and assemble equipment: patient gown, barrier pad, and bath blanket.

Knock on the door or call out to patient before entering, greet patient, introduce self, identify patient, explain skill and provide privacy also use alcohol-based hand rub for hand hygiene.

Cover the patient with a bath blanket. Observe standard precautions by wearing non-latex gloves if gown is contaminated. Untie the tapes of the neck and back of the gown by having the patient turn on his or her side.

Our patient has a weak right side so I'm going to undress the left side first.

Unfold the clean gown and place it over the patient. Put the sleeve of the affected arm first taking care to make adjustments for the specific needs to the affected arm.

Ties the ties of the neck of the gown making sure that the tie knot is not on a bony prominence. Remove the bath blanket. Check all aspects of the patient's position and comfort prior to leaving.

Observe all checkpoints prior to leaving the patient, make sure the side rails are elevated, that is at the lowest level, call signal and supplies within reach, body comfortable in good alignment and area is neat and clean.