# St. Thomas Supports

### Sexual Violence and Gender-Based Violence

Navigating life after experiencing sexual violence can be incredibly challenging, but at Fanshawe College, we're committed to providing unwavering support to survivors every step of the way. We recognize the multitude of barriers survivors face and are dedicated to breaking them down. Here, survivors' voices are valued, and their choices are honoured. Our Sexual Violence Prevention Coordinator is here to offer confidential guidance and support to all Fanshawe students ensuring that survivors feel heard and empowered to explore their options.

### 24/7 Support

**ANOVA**: provides services and support for adults and children affected by abuse and sexual violence.

#### 519-642-3000

#### **Assaulted Women's Helpline:**

provides free, confidential and anonymous crisis counselling, emotional support, information and referrals via telephone in up to 200+ languages for ALL women.

#### 1-866-863-0511 or #SAFE (#7233) on Bell, Rogers, Fido or Telus mobile phone

Male Survivors: provides help for male survivors of sexual abuse, both recent and historical.

#### 1-866-887-0015

**Talk4Healing**: provides help, support, and resources through talk, text, and live chat for Indigenous women and their families. Services offered in 14 Indigenous languages

#### Call or Text 1-855-554-HEAL (4325)

**Trans Lifeline**: provides direct emotional support to trans people in crisis. All operators identify as trans or nonbinary

#### 1-877-330-6366

**Victim Support Line**: provides free, multilingual services to victims of crime, 24/7

#### 1-888-579-2888

**Zhaawanong**: Indigenous-led crisis line providing shelter and support to women, with or without children who are at risk of violence, abuse, and/or homelessness.

#### 1-800-605-7477

Sexual Assault/Domestic Violence Treatment Centres: St. Joseph's Health Care, 268 Grosvenor Street, London

519-646-6100 x64224

### Shelters

## ANOVA – Clarke Rd. Shelter – emergency, short-term shelter for

emergency, short-term shelter for women, with or without children, who have experienced abuse or violence

# 450 Clarke Road, London, ON 519-642-3003/1-800-265-1576

ANOVA – Wellington Rd Shelter emergency, short-term shelter for women, with or without children, who have experienced abuse or violence

# 101 Wellington Road, London, ON 519-642-3003/1-800-265-1576

Valora Place - support services for all women, with and without children, who have experienced any form of abuse or sexual violence

# 45 Princess Avenue, St. Thomas 519-633-0155

**Zhaawanong** – Indigenous-led women's shelter and support for First Nations women and their children at risk of violence, abuse and/or homelessness

256 Hill Street, London, ON 519-432-2270/1-800-605-7477

### **On-Campus Supports**

Sexual Violence Prevention Coordinator (Confidential) F3020 - svsupport@fanshawec.ca or 519-452-4465

Counselling & Accessibility Services (Confidential) F2010 - 519-452-4282

#### **Campus Security Services**

D1027 - 519-452-4400 or 519-452-4242 (Emergency)

