Reflective Questions

1. Can you describe in one or two words how you felt after playing the virtual game?

2. Reflect on the sequencing you played the VGS. Write down the order you experienced it. What did you learn from the decisions you made?

3. What decisions were you proud of? What went well for you during the game and why do you think it went well?

4. What was challenging for you during the game? What was the most difficult decision point? What do you think made that decision point difficult?

5. How can you create a social environment for a client during meal time, while maintaining their safety?

6. How can you decrease the risk of choking and aspiration during meal assistance for a client with dysphagia?

7. What do you believe caused the client to choke on her breakfast?

8. How did you feel when Greta started to choke and how was that reflected in your response?

9. Why do you think it is important to stay with the client when she began to choke?

10. Why do you think it is important to assess the client’s mouth and oral cavity after the client’s choking incident?

11. What would you do the same and what would you do differently if you experienced the same situation with a client during you clinical placement?

12. What is the one skill regarding meal assistance that you would like to improve before going to clinical placement?

13. How will you use what you have learned in the meal assistance game during your clinical placement?