

LESSON 20.

Picking Control Scale Studies

Picking across two strings in the same direction is generally referred to as "glide picking" and will be indicated by a straight line between the picking symbols. (Sometimes this is referred to as "economy picking.")

1st time
2nd "
3rd "

Glide picking:

1st time
2nd "

Alternate Picking:
simile.....

1st time
2nd "

simile.....

1st time
2nd "

simile

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1st time $\square \vee$
 2nd " $\vee \square$ simile

1st time $\square \vee \square \vee \square \vee$
 2nd " $\vee \square \vee \square \vee \square$ simile

1st time $\square \vee$
 2nd " $\vee \square$ simile

LESSON 21. SPECIAL FINGERING

The "norm" for fingering in the first position is:

index finger plays the 1st fret---middle finger plays 2nd fret---ring finger plays 3rd fret---little finger plays 4th fret

When playing adjacent strings at the same fret, a jump by the same finger does not always produce the smoothest result.

It should be clearly understood that while there may be a general norm to most fingering, fingering is not etched in granite but rather invented on the spot to implement your musical thinking and/or phrasing.

Parallel fingering makes use of any two fingers and may be moved up or down using the same fingers. The knuckle technique is accomplished, when going from a high to a lower string, by playing a note with the flat of the finger on high string and then arching the knuckle to play the note on the lower string. The low to high string technique is the reverse procedure. The note on the lower string is played with the tip of the finger and then the knuckle is allowed to collapse to play the note on the high string. Do not allow the strings to play together.

The exercises that follow should be approached like a course in weight lifting. Do not try to do them all at once but do integrate them one or two at a time with your other practice material. To be beneficial, they will require patient and unhurried practice.

(**Editor:** Please heed the warning in the last paragraph because these studies can be strenuous on the finger joints. **G.A.**)