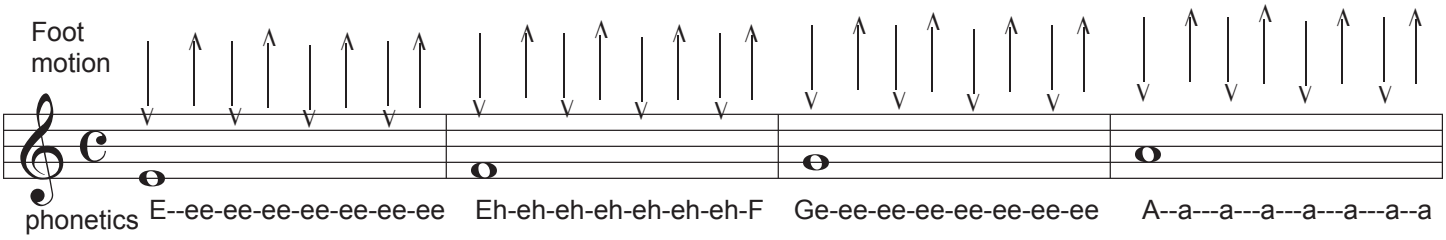
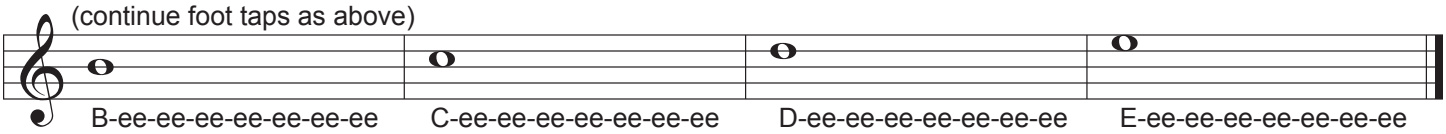
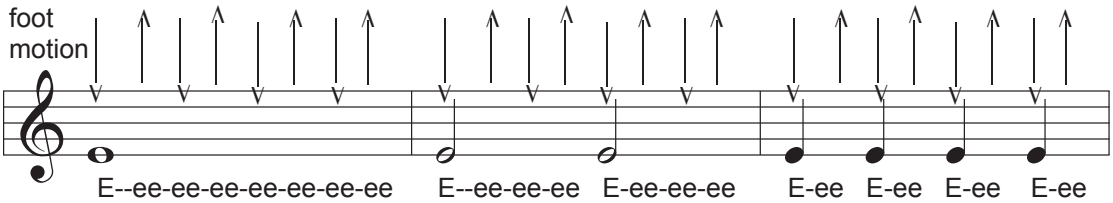
The duration of notes and their equivalent rests will be measured by tapping your foot. In whatever range the notes of the alphabet may be found, their duration may be indicated by the use of the following phonetics.

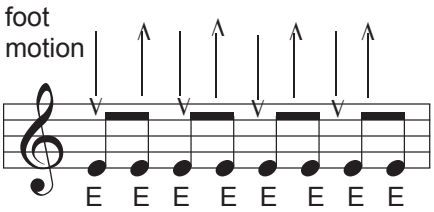




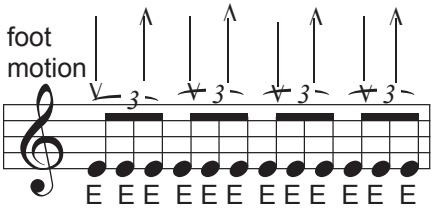
Whole notes----------Half notes----------and quarter notes being made of an equal number of full beats may be measured by the foot motions demonstrated in this staff.



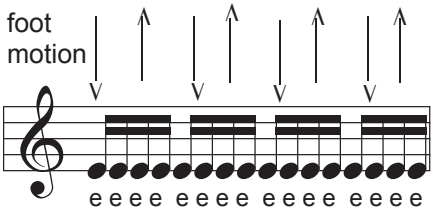
The subdivision of a beat into two, three and four parts follows:



Eighth notes: two parts

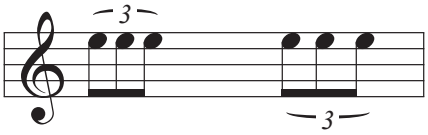
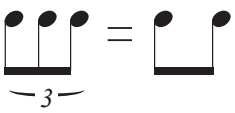


Eighth note triplets: three parts



Sixteenth notes: four parts

Triplets are marked either above or below the group.



The triplets are marked to signify that the eighth notes so marked are to be played in the same time frame usually reserved for two notes of the same value.