## Preliminary Lesson 5 (pg.2)

The following drills are designed not only to help you think your way, forward and backward, through the complete musical alphabets but also to aquaint you with some of the possible basic permutations.

- 1. The capital letter names with arrows pointing downward, should be spoken.
- 2. The small letter names, rather than being audible, should be a thought process.
- 3. Sustain the capital letter names while thinking forward of backward. Repeat all drills as required.
- 4. Set an appropriate tempo (it can be as slow as you need) and practice the drill while tapping your foot.



(**Editor**: Perhaps worth reminding is that these drills are spoken and mental drills. Once you understand the process, close the book and do the drills without a visual aid. It is easy to delude yourself into believing that you are actually thinking the letters. If you have them in front of you, you will simply read the letters. **G.A.**)