



Right Hand Position

Hold the pick as suggested on the previous page. Position the right arm as shown in the basic sitting posture. Notice how close the wrist and hand are to the strings. The wrist is not resting on the strings but is just a few centimeters away from them. Having the wrist highly elevated is generally not a good idea in playing with the pick.



In this photo, the pick is in position getting ready to strike the first string.



Notice again that the extra fingers are in light contact with the face of the guitar. For most beginners, this supported method works better than a free handed method where the hand would simply be floating over the strings.