

Left Hand Position

Place the finger tip close to the fret to get a clear sound and this will also minimize the fingering pressure. You do not have to push the finger all the way to the fretboard. You only have to press the string into firm contact with the actual fret.

Notice that the thumb is more or less hidden from view in this first photo. The standard wisdom is that the thumb always resides at the back of the guitar neck. While this is mostly true, there are times when the thumb position must be slightly adjusted.



In this photo, I am fingering a chord and here it more comfortable to have the thumb peeking over the neck edge.

However, notice that the guitar is not resting in the palm of the hand. The left hand is only used in fingering the notes. Its job is not to support the guitar. The left hand has to have total freedom of motion into higher areas of the guitar fingerboard.



Notice again that the guitar neck is not resting in the crook of the thumb and index finger.

The pressure is not so much on the tip of the thumb but closer to the first joint of the thumb.

Worth observing also is that the thumb does not hook over the top of the neck.

