

Games to play with the "C" scale

1 Repeat each note two times: This allows for easy alternate picking development.

□ V □ V

2 Notice that in the exercise below, after the first three notes, each note of the scale is repeated four times but the notes are rhythmically not centered on the beat. The first of every four notes happens either on the second half of the second beat or the second half of the fourth beat. In this manner, the picking can seem to be a bit confusing. Careful study will help to sort out any physical problems.

□ V □ V □ V □ V

Progress Report: _____

3 This exercise comprises of a three note pattern that skips a third.

4 The following exercise is simply a sequence of "melodic thirds." (A "third" is a pair of notes which is three letter names apart if you count the letters from the bottom to the top and include the starting letter. As an example: from C to E is a third. [C-d-E] Similarly, D to F is a third, etc.)

The goal is accuracy, pick control and good speed.

Return to these studies on a daily basis for a good warm-up to your practice session.

Progress Report: _____

