

More Repeated Eighth Notes

The alternate picking technique must be practiced to the point where you don't ever have to think about which direction the pick is moving.

Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

Relax the grip on the pick and it will be easier to use the wiggling motion of the thumb tip.

Be sure to count accurately. It is best to do it out loud in the beginning.

Only play as fast as you can go at a steady pace.

Continue reviewing the old lessons and concentrate on the ones that might still give you some problems. If you can play all of the previous lessons comfortably, you can still improve them by trying for a slightly faster tempo. Always keep in mind that you can never be too good.

Progress Report: _____
