

Notes on the First String (E)

Learn the note names. A good way to ensure learning the names of the notes is to say them as you play. Guitar players are famous for not knowing the note names.

keep 1st finger on "F" when you finger the "G"

simply remove the 3rd finger from "G" to reveal the "F"

E
0
open first string

F
1
first fret
first finger

G
3
third fret
third finger

say: e e f f g g f f etc., but do not write the note names on to the music sheet because then you will simply look at the letters rather than the note placement on the staff.

The idea is to use as few motions as possible. When moving from "F" to "G", don't remove the first finger from the "F" as you finger the note "G". Similarly, if moving from the note "G" to the note "F", finger the note "F" at the same time as the note "G". Observing a teacher demonstration may be the best.

Pick all of the notes with a down stroke.

All of the notes are quarter notes meaning that they are the same length in time.

Practice the above exercise until you can at least manage a brisk walking speed. Anything slower than that is simply not quite good enough. Start at a slower pace and as you build up confidence, increase your speed on the subsequent repetitions.

Progress Report: _____
