

(Book 4) Lesson 40b.

First Inversion Two Octave Triad Arpeggio Cycle Routine:

Also adapt the triplet rhythm cycle routine to the Root Pos and 2nd Inversion triad arp routines.

Add these two picking formulas for triplet rhythm. The five, previously suggested picking formulas are also viable on triplet rhythms. Don't abandon the "glide" picking possibility.

Play 2 measures of each chord:

Second Inversion Two Octave Triad Arpeggio Cycle Routine:

Play 2 measures of each chord.

Apply this rhythmic routine to the Root Pos and First Inv Arpeggios.

In sixteenth note rhythm, the picking would be the same as in eighth note rhythms.

Play all of the cycle routines at the same tempo so there is a distinctly defined difference in rhythm from one routine to the next.