

(Book 4) Lesson 40a.

Root Position Arpeggio Cycle Routine

Play three measures of each chord as shown in the first three bars. Keep the tempo even and controlled.

- 1. -all down strokes
- 2. -all up strokes
- 3. -alternately
- 4. -reverse alternation

5. frequently called "glide picking" is shown directly above the notes.

Don't ignore the glide picking. When mastered, it is smooth and very effective.

It is particularly important to keep the pick "in" the strings during glide picking.

Relax the fingers, wrist arm and elbow. (right hand)

Allow the chord spelling to flow through your brain as you play. If you are only playing the pattern, you may never be able to use an arpeggio in any particularly musical manner.

Apply the same rhythmic formula to the First and Second Inversion cycle routines that are demonstrated on the next page.

Another way to practice the arpeggios is to choose a low starting point and move up the fret board in half tones. This unfortunately tends to promote pattern play even more than moving through the chords in a cycle of fourths.