

Glide Picking Arpeggios in "C" Major

"Glide picking" comes from the wrist and elbow rather than the pick being manipulated with the thumb and index finger. Playing arpeggios with glide picking is the most common use for this technique although it can even be applied to scales on a limited basis.

Keep the hand still and allow the pick to fall from one string to the next coming to a rest on the adjacent string. The same is true on the up stroke. Relax the wrist, arm and elbow.

The musical exercises are organized as follows:

- Staff 1:** C major (measures 1-4), F major (measures 1-2), G7 (measures 1-2), C major (measures 1-4). Includes a 'repeat the previous measure' instruction.
- Staff 2:** C major (measures 1-4), G7 (measures 1-4), C major (measures 1-4).
- Staff 3:** C major (measures 1-4), F major (measures 1-4), G7 (measures 1-4), C major (measures 1-4).
- Staff 4:** C major (measures 1-4), F major (measures 1-4), G7 (measures 1-4), C major (measures 1-4).
- Staff 5:** C major (measures 1-4), F major (measures 1-4), G7 (measures 1-4), C major (measures 1-4).
- Staff 6:** C major (measures 1-4), F major (measures 1-4), G7 (measures 1-4), C major (measures 1-4).
- Staff 7:** C major (measures 1-4), G7 (measures 1-4), C major (measures 1-4), F major (measures 1-4), G7 (measures 1-4), C major (measures 1-4).
- Staff 8:** C major (measures 1-4), G7 (measures 1-4), C major (measures 1-4), F major (measures 1-4), G7 (measures 1-4), C major (measures 1-4).
- Staff 9:** C major (measures 1-4), F major (measures 1-4), G7 (measures 1-4), C major (measures 1-4), F major (measures 1-4), G7 (measures 1-4), C major (measures 1-4).

6/8 time is a compound time signature. It can be counted as 6 beats per bar with the eighth note getting one beat, However, the more common thing is to count 2 beats per bar with each group of three eighth notes receiving one beat. Essentially it is 2/4 time with eighth note triplets. Triplet eighth notes will be discussed thoroughly in the 2nd series of lessons that follow.