**Nursing Care Plan**

**Student(s) Name: Uvbi Osatohangbon Date: Dec 3/2022**

**Medical Diagnosis:** Impaired physical ability

|  |  |  |  |
| --- | --- | --- | --- |
| **Assessment Data** | **Nursing Diagnosis and Related Goals** | **Nursing Interventions and Rationale** | **Evaluation** |
| 1. Uses electric wheelchair to move around 2. Experiences moderate Pain daily 3. Unsteady Gait | **Diagnosis**  Impaired mobility related to unsteady gait as evidenced by use of electric chair  **Goal**  In a week resident will use different methods to improve independence within their limits.  Patient will improve physical mobility by consistent monitoring of interventions to ensure the best results and will verbalize an increase in strength within a year. | **Interventions:**  1. Encourage patient mobility and to exercise according to a plan tailored to fit their needs and is within patient limits  2. Assess client on daily basis  3. Encourage use of assistive devices and independence while using them  **Rationale:**  1. Helps with pain and helps increase and improve mobility  2. to identify any additional risk factors that may result in decreased physical mobility  3. keeps patient safe, does not act as a restraint and assists in improving patients’ mobility | Always using assistive devices, without the help of healthcare worker. Shows independence by going on walks using electric wheelchair and knitting regularly. |

References/ Sources:

RNAO. (2012, February). *Promoting safety: Alternative approaches to the use of restraints*. Retrieved December 3, 2022, from https://rnao.ca/sites/rnao-ca/files/Promoting\_Safety\_-\_Alternative\_Approaches\_to\_the\_Use\_of\_Restraints\_0.pdf

RNAO. (2017, August). *Stay active, stay independent - RNAO*. Retrieved December 3, 2022, from https://rnao.ca/sites/rnao-ca/files/Stay\_active\_stay\_independent\_FALLs\_Fact\_Sheet.pdf