**STUDENT: FACULTY: DATE:**

**LEARNING PLAN (Adapted from the College of Nurses of Ontario)**

https://www.cno.org/en/myqa/qa-resources/

**REMEMBER:** SMART goals are SPECIFIC/MEASURABLE/ATTAINABLE/RELEVANT/TIME-LIMITED

SMART goals should activate your knowledge, skills and judgement on a critical thinking level expected for a semester 2 student, rather than strictly skills based tasks. (For example “I will recognize the early signs of infection from IM injection” verses “I want administer an IM injection by week 8”

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| **Learning Need**  **What learning need have I identified?** *(What areas in your nursing practice need development? How will addressing your needs improve your nursing practice?)*  Critical Thinking, Sterile thinking, Privacy and Confidentiality, Documentation, Physical Assessment |

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| **Learning Goal #1**  **Describe an area you want to develop:**  **MANDATORY: Critical Thinking**  **Define your learning goal (SMART):**  **I want to create patient centered care plans which implements nursing interventions, based on assessments findings, client preferences, and desired outcomes by the end of this clinical rotation by April 13.** | **Goal #1: Activities and Timeframes**  **How am I going to achieve my goal?**  **How am I going to achieve my goal? When will I achieve these activities?**  Practice creating patient centered plan by Feb 17  Review possible nursing interventions and what assessment findings can result in by March 10  Complete practice case studies to improve clinical thinking by April 13. |

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| **Learning Goal #2**  **Describe an area you want to develop:**  Sterile Technique  **Define your learning goal (SMART):**  I will be able to demonstrate competency in performing procedures requiring sterile technique under the supervision of the instructor but with limited direction by April 5th. | **Goal #2: Activities and Timeframes**  **How am I going to achieve my goal? When will I achieve these activities?**  I will review the virtual learning activity on sterile wound packing prepared by my professor by march 13.  I will review the principles of sterile technique by march 18th.  I will watch videos on the sterile technique from evolve and review my textbook by March 22nd . |

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| **Learning Goal #3**  **Describe an area you want to develop:**  Privacy and Confidentiality  **Define your learning goal (SMART):**  I will be able to articulate the importance of maintaining client confidentiality and right to privacy, dignity and client choice by Feb 17 | **Goal #3: Activities and Timeframes**  **How am I going to achieve my goal? When will I achieve these activities?**  Review the importance of privacy and confidentiality through the textbook (Canadian fundamentals) by Feb 10.  Practice keeping patient confidentiality with patients in Clinical by Feb 17th. |

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| **Learning Goal #4**  **Describe an area you want to develop:**  Documentation  **Define your learning goal (SMART):**  I will be able to document information using appropriate and accurate terminology by March 10th . | **Goal #4: Activities and Timeframes**  **How am I going to achieve my goal? When will I achieve these activities?**  Review and learn appropriate terminology for documenting by Feb 17th.  Practice documenting information under the observation of instructor by March 1st. |

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| **Learning Goal #5**  **Describe an area you want to develop:**  Physical Assessment  **Define your learning goal (SMART):**  I will be able to perform a complete physical assessment of a client by April 19th. | **Goal #5: Activities and Timeframes**  **How am I going to achieve my goal? When will I achieve these activities?**  Review health assessment textbooks (jarvis) and learn procedures on completing a physical assessment by April 12.  Watch videos and practice on family member to increase confidence while performing physical assessment by April 12.  Practice assessment each week in Lab while getting feedback from professor until the end of the semester. |
| **How do these learning goals support my commitment to continuing competency?**  **How does my learning relate to the competencies of my practice?**  What principles of the Code of Conduct does your goals align with?  (<https://www.cno.org/globalassets/docs/prac/49040_code-of-conduct.pdf>)  Goal 1:  3.2 Nurses use appropriate knowledge, skill and judgment when assessing the health needs of patients.  3.6 Nurses maintain and continually improve their competence. They reflect on their practice and set learning goals annually by participating in CNO’s Quality Assurance Program.  Goal 2:  3.4 Nurses recognize and work within the limits of their knowledge, skill and judgment and their legal scope of practice.  Goal 3:  1.3 Nurses take steps to maintain patients’ privacy and dignity in the physical space where they are receiving care  5.1 Nurses protect the privacy and confidentiality of patients’ personal health information.  5.2 Nurses do not share patient information on social media.  Goal 4:  3.8 Nurses maintain complete, accurate and timely documentation in their practice.  Goal 5:  3.2 Nurses use appropriate knowledge, skill and judgment when assessing the health needs of patients. | **Evaluation of changes/outcomes to my practice**  **What did I learn? What impact will my Learning Plan have on my practice?**  My learning plan will act as a guide to help me achieve goals that will each benefit in my future career for instance critical thinking will help me make the best decisions regarding mt patients care, Learning sterile technique will give me the confidence and knowledge to properly perform it when the time comes allowing me to help improve my patients wellbeing, practicing confidentiality will allow me to maintain a good trusting rapport between me and my patient, proper documentation will reduce the likelihood of me making a mistake that could affect my patients overall health and lastly knowing how to do a complete physical assessment will enable to identify any problems with my patient before it gets worse. |