**STUDENT: Uvbi Osatohangbon FACULTY: DATE:**

**LEARNING PLAN (Adapted from the College of Nurses of Ontario)**

**https://www.cno.org/en/myqa/qa-resources/**

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| **Learning Need**  **What learning need have I identified?** *(What areas in your nursing practice need development? How will addressing your needs improve your nursing practice?)*  Bed making, simple wound care, therapeutic relationship |

**REMEMBER:** SMART goals are SPECIFIC/MEASURABLE/ATTAINABLE/RELEVANT/TIME-LIMITED

(Example: I want to improve my time management skills by my last clinical shift- Dec 3, 2021. Your activities tell me WHAT you will do to achieve this goal- and include WHEN you complete each activity by (time frame).

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| **Learning Goal #1**  **Describe an area you want to develop:**  **MANDATORY: Therapeutic Communication**  **Define your learning goal (SMART):**  **MANDATORY: I want to confidently and consistently be able create therapeutic rapport with my patients by the end of week 3 (Dec 1)** | **Goal #1: Activities and Timeframes**  **How am I going to achieve my goal? When will I achieve these activities?**  What can you do to achieve this? (Textbook reading, videos, feedback from clinical instructors)  What is your time frame? (week 2, week 3)   1. I will review RNAO best practice guideline in therapeutic relationship by the end of week 2 (Nov 24) 2. I will study and watch videos on therapeutic communication by the end of week 1 (Nov 17) 3. I will listen and apply the feedback from my clinical instructions to improve therapeutic rapport with my patients by the end of week 3 (Dec 1) |

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| **Learning Goal #2**  **Describe an area you want to develop:**   * **Bed making**   **Define your learning goal (SMART):**   * I want to be able to successfully complete basic lab skills like bed making by the end of week 2 | **Goal #2: Activities and Timeframes**  **How am I going to achieve my goal? When will I achieve these activities?**   1. I will review textbook readings and content discussed in my Nursing Skill Labs 1 to ensure complete understanding on proper bed making before the start of week 1 (Nov 10) 2. I will watch videos with clear instructions on proper bedmaking by the end of week 1 (Nov 17) 3. I will practice the skill of bed making on my own bed and master the skill using the knowledge gained from my lab class, from my review and from watched videos by the end of week 2 (Nov 24) |

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| **Learning Goal #3**  **Describe an area you want to develop:**   * Simple wound care   **Define your learning goal (SMART):**   * I want to learn how to properly complete simple wound care by the end of week 4 (Dec 15). | **Goal #3: Activities and Timeframes**  **How am I going to achieve my goal? When will I achieve these activities?**   1. I will review, practice, and learn from my lab instructor simple wound care while receiving feedback to ensure I am properly doing it by the end of week 2 (Nov 24) 2. I will study review content on simple wound care in the textbook by Potter and Perry by the end of week 3 (Dec 1) 3. I will watch videos and make research to increase my knowledge and understanding of proper wound care to ensure I can properly complete the task by the end of week 4 (Dec 15) |

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| **How do these learning goals support my commitment to continuing competency?**  **How does my learning relate to the competencies of my practice?**  What principles of the Code of Conduct does your goals align with?  (<https://www.cno.org/globalassets/docs/prac/49040_code-of-conduct.pdf>)  Goal 1 Principles:  2.1 Nurses provide clear and timely information to patients. Nurses talk to patients in ways patients understand, inviting their feedback.  3.7 Nurses use accurate sources of information, such as research, to inform their practice.  Goal 2 Principles:  1.3 Nurses take steps to maintain patients’ privacy and dignity in the physical space where they are receiving care.  3.7 Nurses use accurate sources of information, such as research, to inform their practice.  Goal 3 Principles:   * 1. Nurses use appropriate knowledge, skill and judgment when assessing the health needs of patients.   2. Nurses recognize and work within the limits of their knowledge, skill and judgment and their legal scope of practice.   3. Nurses use accurate sources of information, such as research, to inform their practice. | **Evaluation of changes/outcomes to my practice**  **What did I learn? What impact will my Learning Plan have on my practice?**   1. My learning plan will assist me by helping me improve the rapport between me and my future patients. It will also help me by providing me with the knowledge and understanding needed to become a better nurse in the future. 2. I will be able to enhance my ability to provide proper care and good comfort for my patients 3. It will help me help patients feel as little pain as possible when providing wound care and provide me with the ability to support patients healing process |