Assignment Connecting with an individual with Dementia

1. **At the beginning of the simulation game, you watched a video called Lucy’s perspective then once the game begins you as the learner observe what is really happening in the second video, what things did you notice to be different between Lucy’s perspective and what you the learner observed?**

In the first video seeing Lucy's perspective shows her concern clearly. While watching from her perspective I can determine that she wants to go home to her family and is disturbed by the fact that she doesn't recognize the place she is in and the things around her. As an observer, it's harder to conclude that she is worried as it looks like she is just getting ready. Another difference I noticed from both videos is that things are seen differently. For example, the bag in lucy's perspective was a luggage while as an observer all I saw is a sac-like bag.

1. **Referring to the signs and symptoms of Dementia why do you think Lucy’s perspective is so different than what you observed?**

I believe her perspective is different from what I observed due to all the feelings and confusion that she is experiencing in that moment that I as the observer is not. Like her frustration, desire to be home, loneliness due to the recent loss of her husband, fear, stress, and pain.

1. **At the end of the game the Charge Nurse asks you if you have anything to report using the SBAR format write your report. (SBAR format stands for situation, background, assessment, and recommendation). You may be asked in our virtual debriefing to present your report so please have it handy.**

S - Is feeling very agitated, disoriented, and confused due to her ignorant of her present location as well as that of her family including her late husband Bob. Got stressed when spoiled food that was for Bob was thrown out but was able to calm down once her feelings were acknowledged, and a topic of interest was brought up. Experiences pain in her knee due to arthritis.

B - A 70-year-old woman born on the 27 of May who was married to her now late husband, Bob, for 38 years. She has 4 children: Ellie, Robert, Richard, and Mary. She loves when they all get together on the holidays. She enjoys cooking big meals and baking delicious desserts. Music and gardening are her passion. She lived together with Bob until the day he died. Losing Bob and the family home has

been a very hard transition for her.

A - The patient experiences dementia and pain in her knees due to arthritis

R - I believe she should never be left unattended due to her dementia. Having no staff around can increase the risk of falls as she can forget her pain and not use her walker. Having someone around at all times would also reduce her levels of stress as she would have someone that would continually help reduce it by bringing up topics of interest to her. Validating emotions, distractions using environmental cues and conversation about topic of interest