Annotated Bibliography Fillable Template

**Annotated Bibliography**

Each resource description must be in your own words and must include a sentence on how you are going to use it in your assignment.

**Example:**

*Balcetis, M.E.(2010). Social Psychology of Visual Perception*.  Winnipeg, MB: Pemmican Publishers.

In *Social Psychology of Visual Perception*, Balcetis (2010) argues that because humans rely on the sensory information received from their body, they form preconceived beliefs about their surroundings that manifest as imaginary visual occurrences (p. 77). I will be using this text to explain how addiction can be connected to the 7 Grandfather/Sacred Teachings.

**Resource #1**  
**Citation Information**

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| Hantke, S., St Denis, V., & Graham, H. (2022). *Racism and antiracism in nursing education: confronting the problem of whiteness*. BMC Nursing, 21(1), 146–146. <https://doi.org/10.1186/s12912-022-00929-8> |

**Description**

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| Prior to 2020, searching for nursing literature that critically analyses racism turned up little results, even though Indigenous people usually receive subpar treatment and are subject to disproportionate rates of poverty and illnesses including diabetes, HIV, and tuberculosis.  This study highlights that contrary to common perceptions of Canada as a tolerant, diverse, and multicultural nation, our history shows that the healthcare system was established and is still geared toward serving the needs of the white settler population while simultaneously excluding Indigenous people. As a result, many white Canadians, including medical professionals, feel empowered to engage in racist systems, despite not being aware of or understanding the racialized damages.  I will be using this text to emphasize that to eliminate the racialized health outcomes present in our system, we must first comprehend our colonial environment, which celebrates whiteness and devalues everyone who is not white. |

**Resource #2**  
**Citation Information**

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| Heather Yourex-Wes. (2022, January 19 ). *Evidence of racism against Indigenous patients is growing: Is a reckoning in Canadian health care overdue?*. Global News. <https://globalnews.ca/news/8523488/evidence-of-racism-against-indigenous-patients-is-growing-is-a-reckoning-in-canadian-health-care-overdue/> |

**Description**

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| This news article discussed many of the racist comments and struggled indigenous person faces daily and they constantly must fight and standup up for their right to basic Healthcare.  This text will be used to describe why it is important for everyone to be able to access health without problems and will show examples of the negative impacts of racism in the healthcare system. |

**Resource #3**  
**Citation Information**

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| Peter Zimonjic. (2020, October 16). *Health care system was designed to subject Indigenous people to systemic racism: Hajdu*. (Pub. No. Publication Number if given). CBC News. <https://www.cbc.ca/news/politics/health-indigenous-racism-miller-1.5764659> |

**Description**

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| This article explains that Racism is not an accident but something that was created and integrated into our system and because of this and other reasons, something must be done to improve the system for indigenous people. Finding solutions will prevent future fear of the system as this is not how it should be built. I will use this information to further dig into solutions to destroy a system that was never broken but created, to build a new system that benefits Indigenous peoples as well. |

**Resource #4**  
**Citation Information**

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| Phillips-Beck, W., Eni, R., Lavoie, J. G., Avery Kinew, K., Kyoon Achan, G., & Katz, A. (2020). *Confronting Racism within the Canadian Healthcare System: Systemic Exclusion of First Nations from Quality and Consistent Care*. International Journal of Environmental Research and Public Health, 17(22), 8343–. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7697016/> |

**Description**

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| Due to poor quality care and consideration from the system regarding social and economic accessibility barriers faced by First Nations, such as distance to travel, history has established a platform on which there is a substantial power imbalance between health care providers and First Nations patients.  Some examples of racism encountered within the healthcare system include the stereotype linking Indigenous identity to alcoholism which is a common stereotype among Canadians. The destruction of traditional First Nations medical wisdom and the preference of Canadian governments to respond to non-Indigenous peoples. Along with stories like that of Brian Sinclair who died in the waiting room after waiting 34 hours to be seen for a treatable illness.  I will use this text to explain how it is time for everyone to embrace a more inclusive, diverse, and fair social structure to reshape our health facilities to reflect such ideals because a healthy system is one that builds on the strengths of First Nations Communities, not the other way around. |

**Career and Personal Interest:**

Tell us about your program and why you choose to take this program.

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| Everything has a beginning including my desire to help people by becoming a doctor. It is what I have always wanted to do. Many circumstances arose that made this dream of mine seem impossible. I came to Canada and without even realizing it achieving this dream became easier. It was not until grade 10 with the help of my mom and a little assistance from school that I realized that I wanted to help people by becoming a doctor. I chose to be a practical nursing student because it would open the door for me to become the person I want to be by teaching and granting experience through nursing. |

For **Sutherland students**: what demographic do you want to work with? Demographics is a certain aspect of the population e.g., age, gender, race and/or culture. Why do you want to with that demographic?

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| I have begun thinking about working with kids and/or teenagers of any gender race or culture. The reason I chose this age group is that I have worked with younger kids before and I feel like in addition to providing healthcare I would also be able to teach something through my current and future experience. Since I cannot seem to decide whether I would like to work in a rural or more Urban area I have thought about being the type of healthcare worker that works and travel around the world to provide help. |

Is there an agency you would like to work with? E.g., RCMP, Ministry of Natural Resources, Day Care, Army etc. Why do you want to work there?

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| To be honest I have not taught of a specific agency I would like to work with as I have a vague idea of my future in the sense that I know what I want I want in general, but do not have all the specifics yet. |

Geographically where you would like to work? E.g., would you like to work in an urban or rural place, First Nation community or a northern community? Would you like to move to another province or country? Why do you want to work here?

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| Since I cannot seem to decide whether I would like to work in a rural or more Urban area I have thought about being the type of healthcare worker that works and travel around the world to provide help. |

How does the topic you chose relate to your career interests?

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| As I will be working in healthcare as a minority myself it is important for me to be able to treat every patient fairly, no matter the race, culture, gender or age. I am aware that everyone has biases that they may not recognize these biases can lead to all kinds of unfair treatment towards different kinds of people. In Healthcare I will be meeting various people, and some may even surprise me, but I have seen how racism has negatively impacted society and there have been too many instances where some as result lost their lives. Therefore, it is important that I inform myself about the negative impacts the wrong comment or action can have on someone's life as my career interests depend on it. |