**Performing Hand Washing Skill Checklist**

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| Step | Rationale |
| Review client’s chart and assess risk for infection.* Immune status, open wounds, medical diagnosis.
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| Inspect hands. * Assess for open lesions, visible soil on hands and fingernails are clean and short.
* Remove rings and bracelets.
* Push watches and sleeves above wrists.
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| Prepare to wash hands.* Stand in front of sink, do not let uniform touch sink area.
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| Turn on water.* Warm temperature at a medium flow.
* Avoid splashing.
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| Wet hands and wrists before applying antimicrobial soap. |  |
| Apply a small amount of antimicrobial soap and begin to lather soap around hands, fingernails and wrists.* Duration: a minimum of 20 seconds.
* Scrub all surfaces of hands, fingernails and wrists
	+ Remember to wash sides of hand, between fingers, and under fingernails.
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| Rinse hands and wrists thoroughly.* Keep hands below elbows.
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| Dry hands and wrists thoroughly.* Direction: finger tips to wrists.
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| Turn off water with clean paper towel.* Avoid touching sink area with clean hands or uniform.
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| Inspect hands, fingernails and wrists for dermatitis or cracked skin. Ensure all surface of hands are clean and free of debris.  |  |