**Donning and Removing Personal Protective Equipment Skills Checklist**

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| Steps for Donning PPE | Rationale |
| Review client’s chart and assess risk for infection.* Immune status, open wounds, medical diagnosis.
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| Inspect hands. * Assess for open lesions, visible soiling of fingernails and hands.
* Remove rings and bracelets.
* Push watches and sleeves above wrists.
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| Hand hygiene. * Alcohol-based hand rub, unless contraindicated then use antimicrobial soap and water.
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| Don a clean gown.* Ensure gown is securely tied and covers uniform
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| Don a surgical mask.* Ensure mask covers nose, pinch metal bridge over nose and place mask under chin.
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| Don protective eyewear.* Place securely over mask.
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| Don clean non-sterile gloves.* Tuck cuff of gloves into gown.
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| Steps for Removing PPE | Rationale |
| Remove non-sterile gloves.* Glove to glove, skin to skin technique to decrease risk of contamination.
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| Remove gown.* Turn inward and fold away, avoid touching uniform.
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| Hand hygiene. |  |
| Remove protective eyewear.* Handle on sides, avoiding eyes.
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| Remove mask.* Remove straps away, allowing to fall away from face.
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| Hand hygiene. |  |