**Donning and Removing Personal Protective Equipment Skills Checklist**

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| Steps for Donning PPE | Rationale |
| Review client’s chart and assess risk for infection.   * Immune status, open wounds, medical diagnosis. |  |
| Inspect hands.   * Assess for open lesions, visible soiling of fingernails and hands. * Remove rings and bracelets. * Push watches and sleeves above wrists. |  |
| Hand hygiene.   * Alcohol-based hand rub, unless contraindicated then use antimicrobial soap and water. |  |
| Don a clean gown.   * Ensure gown is securely tied and covers uniform |  |
| Don a surgical mask.   * Ensure mask covers nose, pinch metal bridge over nose and place mask under chin. |  |
| Don protective eyewear.   * Place securely over mask. |  |
| Don clean non-sterile gloves.   * Tuck cuff of gloves into gown. |  |

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| Steps for Removing PPE | Rationale |
| Remove non-sterile gloves.   * Glove to glove, skin to skin technique to decrease risk of contamination. |  |
| Remove gown.   * Turn inward and fold away, avoid touching uniform. |  |
| Hand hygiene. |  |
| Remove protective eyewear.   * Handle on sides, avoiding eyes. |  |
| Remove mask.   * Remove straps away, allowing to fall away from face. |  |
| Hand hygiene. |  |