

# Career Success Guide

## Module 01 Dropbox: Enjoyable Accomplishments

Think of the enjoyable accomplishments of your life. Those things you **enjoyed doing and also did well**. Select the top 3 that mattered the most to you and write a short story about each accomplishment. They can be from all parts of your life: work, volunteering, school, your hobbies and your personal life.

Once you have written your stories, look back at them and think about the values, skills, strengths, interests and personality characteristics you demonstrated in each of these experiences. What common themes keep reoccurring?

Accomplishment	Description/Story	Values, Skills/Strengths, Interests, Personality demonstrated
<i>Example:</i> <i>Eco Club</i>	<i>As part of her high school's Eco Club, Jane Career was given leadership responsibilities for the end-of-year hike. She organized the schedule, booked transportation, delegated food preparation to other club members, and communicated the details. On the day of the end-of-year hike, everything went smoothly and her friends thanked her for organizing such a fun trip! Jane really enjoyed both the organizing process and being outdoors with her friends.</i>	<ul style="list-style-type: none"><li>• Values: nature, environment, professionalism, activity.</li><li>• Skills/Strengths: organizing, communication, delegating, leadership.</li><li>• Interests: hiking, organizing, etc.</li><li>• Personality: take charge, fun, responsible.</li></ul>
1.		
2.		
3.		

We also suggest you add the common values, skills, interests, and personality traits you identified in this activity to your Career Self-Assessment Summary: Internal Factors.