**Work Well – Student Assessment**

**Introduction**

Sheridan’s Work Well provides students the opportunity to complete self-paced modules to support as you embark upon your career. The modules will take you through self-discovery, career development and networking strategies needed for the world of work regardless of whether you are new to the work force, returning to work or seeking a career change.

We would like your feedback on Work Well to help us understand what’s working well and what might need to be improved. Your honest feedback is important and valuable – thank you!

1. **Please indicate if you were aware of the Work Well modules before this survey?**
   * Was aware of this
   * Was not aware of this
2. **You said you were aware of the Work Well modules. How many of the modules did you complete?** 
   * I didn’t complete any of them
   * I completed some of them
   * I completed all of them
   * I don’t remember

1. **You said [ANSWER FROM PREVIOUS QUESTION]. Why was that?** 
   * {open ended}
2. **Please rate your level of agreement with the following overall statements about self-directed modules.**

* + **I liked the overall design/layout.** 
    - Strongly Agree
    - Agree
    - Neither
    - Disagree
    - Strongly Disagree

* + **The time to complete the modules was reasonable.** 
    - Strongly Agree
    - Agree
    - Neither
    - Disagree
    - Strongly Disagree

1. **Focusing on content of Work Well, how helpful / valuable were they in terms of enhancing your comfort level or improving your skills in the following areas:** 
   * Exploring your individual strengths, work interests, and values
   * Career and job searching strategies
   * Resume, cover letter, and job application tips
   * How to self-market, professionalism, and interview tips
   * Planning your career once you are in your desired field/industry
   * Rights and responsibilities as an employee, wages
   * Wellbeing in the workplace (work/life balance)
     1. Not at all helpful/valuable
     2. Extremely helpful/valuable
2. **In general, which of the following did you find most useful? Please rank your top 3.**
3. ***Overall, on a scale of 1 to 5, how helpful or valuable did you find the Work Well modules?***
   * 1. Not at all helpful/valuable
     2. Extremely helpful/valuable
4. **Was there any other content you would have liked to see in the Work Well modules?**