**Empathy Evaluation Tool**

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| **Key Criteria** | **Thinking (“I”)****Head with gears outline** | **Feeling (“We”)****Badge Heart outline** | **Doing (“Us”)****Cheers outline** | **Manifestation (to be populated in consultation with teachers)** |
| **Feeling / Emotional Awareness**  | Recognize one’s own emotions, values, and motivations. | Acknowledge that others might have different values, emotions, and motivations.  | Act in ways that honours others’ values, emotions, and motivations.   |   |
| **Emotional Consideration**  | Recognize that we are not our emotions.  | Acknowledge that others are not their emotions.   | Act in ways that respects the person regardless of the emotions felt.  |   |
| **Engagement with Others**  | Recognize individual differences in thinking.  | Acknowledge various social cues and strategies to engage empathetically with others.  | Act empathetically by adapting behaviours to meet those they engage with in that moment  |   |
| **Being Inclusive**   | Recognize diversity and how it shows up in groups.    | Acknowledge who isn’t at the table/group and inviting them to join.     | Act in ways which creates a space of belonging, where everyone can authentically and meaningfully engage.      |   |

Comments:

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