What strategies and tools do you use to communicate with your team or the subject matter expert when working on an instructional design project?

Usually, I would email subject matter experts, quite often just trying to keep up with them, check in with them regularly, make sure that we're on track for meetings and things like that. Also, we might meet online using something like Teams, WebEx or Zoom, if they have that platform available to them. We usually just meet in whatever way that they like. And then depending on what's going on in the world around us, lunch and coffee are always nice, meeting up on campus when we can, visiting other people's offices. It's always nice to get out of my office. So you know, just connecting with them in whatever way works.