# Navigator Module Overview Video Transcript

The Liberated Learner

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Become the captain of your own ship, so you can avoid getting lost at sea. You may be planning or

just starting your post-secondary journey. Perhaps you're currently navigating through it. Either way

you may encounter what feels like some rough seas. The navigator module helps you to learn the ins

and outs of being a post-secondary student. This module is designed to help you set up your own

course and feel confident about navigating through any type of weather or barriers you may encounter. Steer yourself to a better understanding of your own feelings and expectations, workload,

wellness, technology, finance, relationships, and the many pathways offered by your college or

university. Your new skills will help you stay afloat. To not only survive but to thrive.