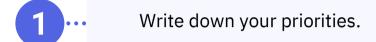
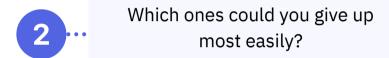
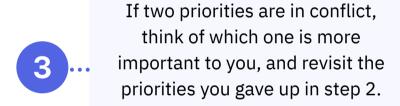


Taking a moment to reflect and write down your life goals or priorities can help you gain perspective about your current journey in your academic, professional, and personal life.

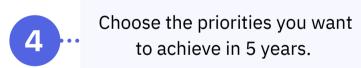












Look though the syllabus how might this course
support your priorities?



Adapted from:

https://serc.carleton.edu/sage2yc/self\_regulated/what.html



