

TEAMWORK SERIES

## HOW TO

# Practice Emotional Intelligence



Observe other's emotions and reactions

Observe your emotions and reactions to others

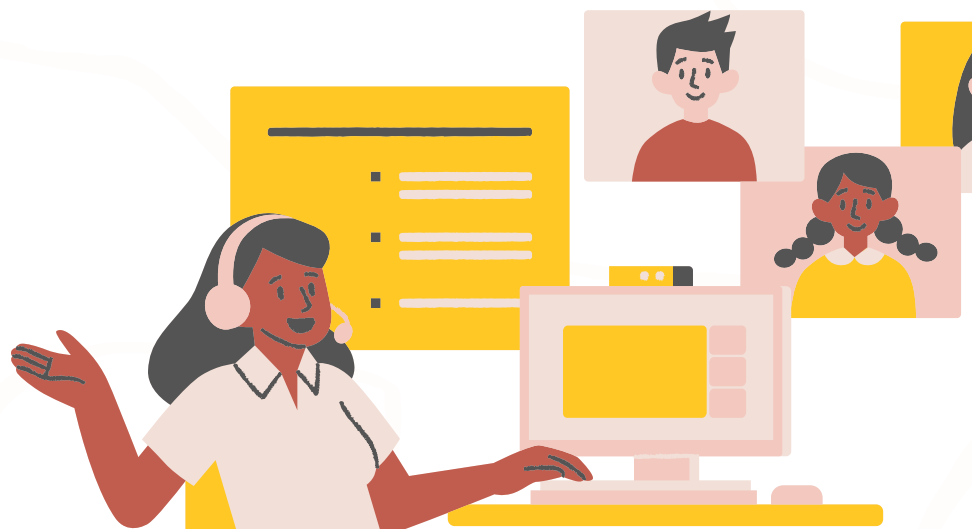
Respect diverse perspectives

Practice and hone in your persuasion skills



Listen actively

Be sensitive towards other's emotions



Reference:

Luca, J., & Tarricone, P. (2001). Does emotional intelligence affect successful teamwork? In Meeting at the crossroads. Proceedings of the 18th Annual Conference of the Australasian Society for Computers in Learning in Tertiary Education. Melbourne, Australia, 9-12 December 2001.

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