Description of Graphic for First Nations Mental Wellness Continuum Framework

The following is a description of the First Nations Mental Wellness Continuum Framework graphic. In this graphic there are nine concentric rings arranged around a centre circle divided into in 4 sections where each circle is a series of boxes with containing words to describe each element in the Framework. Culture is the outermost ring which permeates the entire Framework, and this word is not bound by a box. From center to outermost ring:

# The Centre Circle (clockwise from top left to top right) contains:

Culture

* Four Directions (outcomes) – Purpose; Hope; Belonging; and Meaning.

# The Second Ring (clockwise from top) states:

Community

* Community; Clan; Elders; and Kinship.

# The Third Ring (clockwise from top) states:

Populations

* Infants and Children; Youth; Adults; Gender-Men, Fathers and Grandfathers; Gender-Women, Mothers and Grandmothers; Health Care Providers; Community Workers; Seniors; Two-Spirit People and LGBTQ; Families and Communities; Remote and Isolated Communities; Northern Communities; and Individuals in Transition and Away from Reserve.

# The Fourth Ring (clockwise from top) states:

Specific Population Needs

* Intergenerational Impacts of Colonization and Assimilation; People Involved with Care Systems and Institutional Systems; Individuals with Process Addictions; Individuals with Communicable and Chronic Diseases; Individuals with Co-occurring Mental Health and Addictions Issues; Individuals with Acute Mental Health Concerns; Crisis; and People with Unique Needs.

# The Fifth Ring (clockwise from left) states:

Continuum of Essential Services

* Health Promotion, Prevention, Community Development and Education; Early Identification and Intervention; Crisis Response; Coordination of Care and Care Planning; Detox; Trauma-informed Treatment; and Support and Aftercare.

# The Sixth Ring (clockwise from left) states:

Supporting Elements

* Performance Measurement; Governance; Research; Education; Workforce Development; Change Management and Risk Management; and Self-Determination.

# The Seventh Ring (clockwise from left) states:

Partners in Implementation

* Non-governmental Organizations; Provincial and Territorial Government; Federal Government; Regional Entities; Nations; Communities; and Private Industry.

# The Eighth Ring (clockwise from top) states:

Indigenous Social Determinants of Health

* Environmental Stewardship; Social Services; Justice; Education and Lifelong Learning; Language Heritage and Culture; Urban and Rural; Land and Resources; Economic Development; Employment; Health Care; and Housing.

# The Ninth Ring (clockwise from top) states:

Key Themes for Mental Wellness

* Community Development, Ownership and Capacity Building; Quality Care System and Competent Service Delivery; Collaboration with Partners; and Enhanced Flexible Funding.

# The Outermost Ring (clockwise from top) states:

Culture as Foundation

* Elders, Cultural Practitioners and Kinship Relationships; Language, Practices, Ceremonies, Knowledge, Land and Values.