

CHRISTINA PHILLIPS

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PROFILE

Energetic and compassionate **Practical Nursing** graduate committed to providing the highest quality of care to patients. Demonstrated knowledge and experience gained through strong academic training and the completion of multiple preceptorships. Skilled at providing care to geriatric residents in nursing home environments. Regarded for exhibiting high levels of professionalism, respect for beliefs and excellent listening skills when identifying clients concerns. **Competencies include:**

- Assessment and diagnosis
- Implementation of appropriate nursing care
- Evaluation and client education
- Accurate record keeping
- Following guidelines for procedure preparation
- Providing appropriate health care referrals

SUMMARY OF QUALIFICATIONS

- Recognized as a member in good standing with the College of Nurses of Ontario
- Assesses patient history, needs and implements a variety of nursing interventions competently
- Evaluates intervention outcomes in nurse client interactions and modifies care plans as required
- Develops and sustains strong therapeutic relationships with clients and family members
- Communicates effectively with the health care team and other professionals
- Executes safety when providing care by following evidence-based practice guidelines
- Prioritizes and organizes administrative nursing and health care tasks
- Applies a systematic approach to solving problems resulting in the development of solutions
- Certified in CPR/First Aid, WHMIS and Ontario Worker Health and Safety Awareness
- Competent in electronic charting, Microsoft Word, Excel, Power Point and Outlook

EDUCATION

Practical Nursing Diploma Aug 2017
Algonquin College, Ottawa, ON

Midwifery Diploma Mar 2009
The Doctor's Clinic and Hospital School Foundation Inc., Philippines

RELEVANT EXPERIENCE

Practical Nursing Practicum June – Aug 2017
Queensway Carleton Hospital, Ottawa, ON

- Performed nursing interventions such as taking vital signs, applying sterile dressings, ensuring infection control, monitoring nutritional intake and conducting specimen collection
- Administered medication and observed and documented the therapeutic effects
- Monitored established respiratory therapy and intravenous therapy
- Evaluated patients' progress and consulted with appropriate members of healthcare team
- Provided health education to individuals and their families

Practical Nursing Practicum

Sept 2015 – Mar 2016

City View Retirement Home, Ottawa, ON

- Provided personal care such as toileting, bathing and ambulation to six geriatric residents
- Monitored client's conditions, took vital signs and indicated if any unusual changes were seen
- Provided companionship to residents by reading stories and engaged them in regular activities
- Assisted clients with their activities of daily living, provided hand massages and served snacks
- Created and delivered presentations on diabetes education and prevention

Live-in Caregiver

Jan 2012 – Aug 2016

Private Residence, Ottawa, ON

- Cared for and ensured the safety of triplets ages 1 year, 10 months until the age of 7
- Engaged students in activities and taught children how to read and write
- Maintained a safe, clean and healthy environment in the home
- Planned and prepared daily breakfast, lunch and dinners
- Assisted with bathing, personal hygiene and dressing

VOLUNTEER EXPERIENCE

Volunteer

Apr– June 2009

Gensan Nursing Home, Ottawa, ON

- Assisted three dementia patients with bathing, dressing and personal hygiene
- Provided on-going care, daily feeding and companionship through talking and reading

CERTIFICATIONS & TRAINING

Gentle Persuasive Approaches in Dementia Care

June 2017

Alzheimer's Association of Ontario

Palliative Care Simulation Workplace Certification

Apr 2017

Hospice Care Ottawa

Ontario Worker Health and Safety Awareness

Jan 2017

Ontario Ministry of Labour

Workplace Hazardous Materials Information System Certification

Jan 2017

Worksite Safety Compliance Centre

CPR and First Aid Training Certificate

Nov 2016

St. John's Ambulance

LICENSES

Registered Practical Nurse (RPN)

Dec 2018 – Present

College of Nurses of Ontario, Toronto, ON