

The course aims to create a class environment of mutual respect and psychological safety. Given the potentially challenging and sensitive focus of this course, death and dying, it is important for each student to recognize that they may find some course content distressing. It is therefore recommended that students read the syllabus carefully to determine if this course is right for them. Students may also, in consultation with the professor, opt to not to fully participate in certain class sessions or not consume particular course content. For students who decide to take this course, the following support resources are available if/when they are needed:

Resource List

For University of Windsor Students:

Name & Location	Contact Information	Additional Information
Student Counselling Centre CAW Student Centre Room 293	(519) 253-3000 ext. 4616	<ul style="list-style-type: none"> • Mon.-Fri. 8:30am-4:30pm • Free to university students • http://www.uwindsor.ca/scc
Student Health Services CAW Student Centre Room 242	(519) 973-7002	<ul style="list-style-type: none"> • Mon.-Thur. 9am-5pm • Fri. 9am-1pm, 2pm-5pm

Windsor-Essex County (Off-Campus):

Name & Location	Contact Information	Additional Information
Community Crisis Centre 744 Ouellette Ave. Windsor, ON N9A 1C3	(519) 973-4435	<ul style="list-style-type: none"> • 8am-8pm • Open 7 days a week. • Walk-in service at community crisis centre
Windsor Regional Hospital Emergency Department	1030 Ouellette Ave. (519) 973-4411 1995 Lens Ave (519) 254-5577	<ul style="list-style-type: none"> • 24-hour crisis line. • 24-hour walk-in service.
Windsor Essex Community Health Centre (weCHC) - Teen Health 1361 Ouellette Ave. Room Number: 101	(519) 253-8481	<ul style="list-style-type: none"> • Tues. & Wed. 9am-8pm • Mon. & Thurs. 9am-6pm • Fri. 9am-5pm • By appointment only • Services for ages 12-24
Distress Centre of Windsor - Essex County 1466 Ouellette Ave, Windsor, ON N8X 1K3	(519) 256-5000 www.dcwindsor.com	<ul style="list-style-type: none"> • 12pm-Midnight • 7 days a week • Free, anonymous, confidential emotional support, crisis intervention, and referrals by phone
Canadian Mental Health Association 1400 Windsor Ave. Windsor, ON	(519) 255-7440 (519) 326-1620 (Leamington)	<ul style="list-style-type: none"> • Mon.-Fri. 8:30am-4:30pm • http://www.windsorsex.cmha.ca/

WE Trans Support 1435 Tecumseh Rd E, Tecumseh, ON N8W 1E4	(226) 674-4745	<ul style="list-style-type: none"> • info@wetranssupport.ca
Amherstburg Community Services 320 Richmond St. Amherstburg, ON N9V 1H4	(519) 736-5471	<ul style="list-style-type: none"> • Mon.-Fri. 9am - 4pm
Community Support Centre (Belle River) 962 Old Tecumseh Rd, Belle River, ON N0R 1A0	(519) 728-1435	<ul style="list-style-type: none"> • Mon.-Fri. 8:30am-4:30pm
Windsor Essex Community Health Centre (weCHC) – Leamington 33 Princess St #450, Leamington, ON N8H 5C5	(519) 997-2828	<ul style="list-style-type: none"> • Mon. & Wed. 8am-5pm • Tues. 8am-8pm • Thurs. 8am-6pm • Fri. 8am-4pm

Online/Telephone Support:

Name & Location	Contact Information	Additional Information
My Student Support Program (SSP)	1-844-451-9700 Outside of North America: 001-416-380-6578 https://www.uwindsor.ca/wellness/347/my-student-support-program	<ul style="list-style-type: none"> • Free confidential counselling by licensed counsellors. • 24/7, via call or text. • At any time, students have access to 35+ languages/cultures.
Good2Talk	1-866-925-5454	<ul style="list-style-type: none"> • Free confidential help line for post-secondary students.
Here 24/7: Mental Health and Crisis Service Team	1-844-437-3247	
Canadian Crisis Hotline	1-888-353-2273	
Crisis Services Canada	Toll Free (24/7): 1-833-456-4566 Text Support: (4pm – 12am ET daily): 45645	
Better Help	www.betterhelp.com	<ul style="list-style-type: none"> • Online access to professional counsellors.

		<ul style="list-style-type: none"> • On the web and available for iPhone and Android users.
The LifeLine App	www.thelifelinecanada.ca	<ul style="list-style-type: none"> • Access to phone, online chat, text, & email crisis support. • E-counselling, self-management tools, access to crisis centres across Canada. • For iPhone & Android users.
Big White Wall Canada	www.bigwhitewall.ca	<ul style="list-style-type: none"> • Anonymous peer support community accessible anytime.
Canada Suicide Prevention Service	1-833-456-4566 www.crisisservicescanada.ca/en/	<ul style="list-style-type: none"> • Offers 24/7/365 bilingual support to people in Canada who have concerns about suicide. • Phone line available 24/7.
Distress and Crisis Ontario	http://www.dcontario.org/	<ul style="list-style-type: none"> • Across Ontario. • Offer support and a variety of services to their communities. • Usually 24 hours a day, seven days a week. • The website also offers a chat function.

Indigenous-Specific Resources:

Name & Location	Contact Information	Additional Information
Hope for Wellness Help Line	1 (855) 242-3310	<ul style="list-style-type: none"> • Offers immediate mental health counselling and crisis intervention to all Indigenous peoples across Canada. • Phone and chat counselling is available in English, French, Cree, Ojibway, and Inuktitut.
Anishnawbe 24/7 - Mental Health Crisis Management Service	(416) 891-8606	<ul style="list-style-type: none"> • For Indigenous clients.
Talk4healing	1 (855) 554-4325	<ul style="list-style-type: none"> • For Indigenous women.
National Indian Residential School Crisis Line	1 (866) 925-4419	<ul style="list-style-type: none"> • Offers support to former residential school students and those affected. • Available 24 hours.