

Video 3.1 There's a lot of favoritism involved, there was an extraordinary pressure on my weight to the point where spots on the team or just turn based on how much you weighed on the scale. There was one summer that my teammate and I were competing for a spot on my team and our only criteria leads who could lose more weight from that summer for contacts we're both 5'8" and when this competition started we're about 130 pounds each and basically within the summer we each lost 15 pounds and it was really that point for my physical and mental health significantly deteriorated.