Video 21.1 The trick, of course, is to interrogate normalcy. It's to interrogate the non-disabled standards instead of trying to fix disabled bodies or complex bodies, right? Fixing is not the project. That doesn't mean that people avoid medical procedures. I'm very glad I didn't die from cancer. I'm delighted, but so I, so it's not an either or proposition, the fact that I think, you know, always pushing for cure, always pushing for fixed, devalues disabled people doesn't mean if you were sick you shouldn't see a physician. Of course you should, but, but there's, there's gotta be a way to value complexity that we're not doing right now. There's gotta be a way to engage with that that isn't quite so fraught with feeling like a burden, with internalizing the ableism and feeling like you're a burden because you're not a contributor.