For me safe sport is really an evolving term and concept but it's essentially the umbrella term that includes safe, welcoming, and inclusive sport and this considers all aspects of safety so physical safety, psychological safety, social wellbeing. All of those different aspects are incorporated so it could really fall anything from injuries and concussions to emotional abuse and discrimination to everything that Ali was talking about as well with the sexual harm so there's a lot of different assets that come under it and then also of course we have to talk about discrimination, racial discrimination, LGBT discrimination, all those aspects do come in as well so there's really a lot of different aspects but it really is focused on the health, wellbeing and human rights of all participants in sport and that's kind of how we've come to come to understand it.