ID: Samantha (preferred- Sam) is a 25 year old transgender assigned female at birth client who identifies as he/him/they/them

**History:**

Reason for Presentation: Lower abdominal pain

He has come to you because he has lower abdominal pain.

Please complete the history for them during this visit.

Name: Sam

Preferred Pronouns: He/ Him/ They/ Them

Age: 25 (DOB- Jan 21 1996)

Address: 155 College St Toronto Ontario. Unit 247.

Occupation: Student. University of Toronto, Faculty of Engineering

Reason for presentation: Lower abdominal pain

HPI: has come to your clinic for an opinion related to lower abdominal pain. They have never experienced this before. It started as a painful (3/10) cramping sensation in the lower abdomen 3-4 days ago. It is a throbbing pain just above the pubic bone and is consistent without any remitting relapsing intervals. Sam is on constant testosterone hormone therapy and has not had a period for over 1 year as a result. Periods before that were monthly, every 28days, and lasted 4-5 days. Sam reports no trauma experienced.

ROS:

HEENT: No concerns noted.

Resp: No concerns noted

GI: Normal BM daily. No recent changes

Gyne/GU:

MSK: No concerns

Mental Health: No concerns

No other known PMH

SHx: none

Hospitalizations: none

Planning future Transition related surgery (chest reconstruction and total abdominal hysterectomy without oophorectomy)

Allergies: none to food, medication or environment

Medications: acetaminophen 500 mg po prn. Testosterone 50mg S/C every 7 days. No other medications or OTC meds. No herbs or supplements.

FH: Mother: HTN, diabetes, age 60

Father: no health concerns age 61

2 siblings: Brother 30 yo no medical concerns. Sister 28 yo has asthma

SH: no smoking, no recreational drugs. Drinks ETOH socially. Average 2-3 beer or wine per week.

Lives with roommate in a apartment

Has recently broken up with girlfriend. Now using dating apps to meet people/partners

Gyne Hx:

Started menses at age 13

G0P0A0

Currently no menses X 12 months

Currently using menstrual suppressing HRT: Testosterone cypionate 50mg S/C every 7 days

White odorous discharge from vagina reported