

I think my roommate hates me

2:34 am

I think I'm running out of money

2:34 am

I think I'm going to fail this exam

2:34 am

I think I need to break up with them

2:34 am

If it's stressing you out, it is a big deal

2:35 am

We're here to chat for free, 24/7

2:35 am

Text GOOD2TALKON to 686868

2:35 am

Free, text-based support
for all post-secondary
students in Ontario.

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Post-Secondary Student Helpline