**Self-Reflection: Mini Writing Tool**

Estimated time: 2 minutes

Diagram

Description automatically generated

How to write your self-reflection:

### Start by describing the situation, event, or learning moment you want to reflect on.

### Think about what mattered about this experience and why it matters.

### Think about how you will use these insights in the future.

Write your response below:

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| --- |
|  |



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