CHECK IN
Daily Reflection

✅ What did you accomplish today?
✅ How do you feel about what you’ve accomplished?
✅ What was the most important thing you learned today?
✅ What was something you already knew that was reinforced today?
✅ What do you need to learn more about?
✅ What are you most interested in learning about next?

Reference:
https://www.edutopia.org/article/treating-reflection-habit-not-event
https://ecampusontario.pressbooks.pub/paths/