

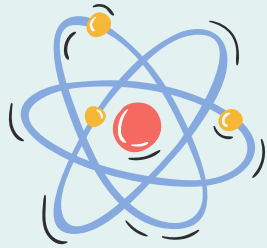
Tip Sheet: Communicating About Accommodation

These tips are based on Luckowski's (2016) research on experiences of nursing students with disability as well as evidence emerging from phase 1 of the ACTon project. The tips were also reviewed by disabled students at York University for accuracy and feasibility.

Your time to learn

Placement is an opportunity to experiment with communicating about your accommodation needs in a work/professional environment.

Be patient with yourself as you learn new skills

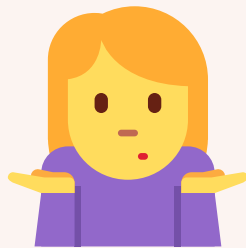


Come forward early

Bringing your needs to another's attention early will ensure accommodations are put into place for when you need them



You can organize accommodations and not need them or not use them



It is never too late to register for accommodations

But remember that the process takes time



Connect with other disabled students for guidance

People with previous experience navigating the system can be a resource and a support



Identify your strengths and weaknesses

Communicate with your accessibility counselor, instructor and placement supervisor.



Practice request conversations with friends or family

Feel comfortable using accommodation language and advocating for your own needs



Be patient & know your rights

It may take instructors and placements time to figure out their shared responsibilities in accommodating students

