Web Video Text Track (VTT)

# **Video Title**

The title of the video is “Dr. Atkinson – Advice.” The video is two minutes and six seconds in length

# **Video Description**

This video shows Dr. Mike Atkinson sitting at a table providing advice for instructors. Atkinson’s three pieces of advice are: don’t be afraid, start small and be active yourself.

# **Web Video Text Track**

00:05

for the last say almost 15 years I've

00:09

taught nothing but

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intro psych and so which is good because

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I'm also the coordinator of intro psych

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and we have maybe twenty-six hundred

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students in all the sections so I

00:19

coordinate the whole thing design the

00:20

curriculum and teach one of the sections

00:22

the current section is relatively small

00:25

by my standards it's a mere 800 they

00:28

think that the critical thing that I

00:30

believe in is that if we're going to

00:31

have large classes you have to make it

00:34

worthwhile for students this otherwise

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they're just they're going to give up

00:37

they're not going to come, and I think

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it's really a terrible thing to do for

00:41

education so my belief has always been

00:43

that I should make sure that class is

00:46

worth coming to number one and number

00:48

two I see my main goal not as

00:51

necessarily as learning the material

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which is kind of odd my main goal is

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motivational I want to make sure the

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students understand how to get the

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material get excited about the material

01:00

because I know that then they'll go and

01:02

get themselves so that that's really

01:04

where I'm coming from so my first piece

01:06

of advice is don't be afraid because I

01:09

think that's the single most important

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thing that people have on their minds is

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I'm not going to do this because you'll

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be seen as useless I won't recover

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whatever don't worry about that just do

01:20

it and I think you'll find that it works

01:21

my second piece of advice is start small

01:25

don't start with a question start with a

01:28

think-pair-share that's an easy one to

01:30

do it's easy to recover from people get

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it they understand that and then you

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can build yourself up until larger and

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larger interactive you know kind of

01:39

demonstrations in class things where

01:41

people are doing something active

01:42

internet searches during class all of

01:45

that kind of thing but start small get a

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handle on that and then do the

01:49

complicated stuff you must be active

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yourself so that is if you're in a big

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class you got to move around if you

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don't move around you will fade away and

01:56

there will be nothing left so move

01:58

around that actually engages the class

02:00

as well