

**Developing a Growth Mindset
FOS Chapter 2.2 Activity Sheet**

Parts of the learning process	Growth characteristic	What will you do to adopt a growth mindset?
Challenges	Embraces challenges	
Obstacles	Persists despite setbacks	
Effort	Sees effort as a path to success	
Criticism	Learns from criticism	
Success of Others	Finds learning and inspiration in the success of others	