

Elder Teachings – Women are the Heart of the Community Teaching

Speaker: Elder Blu Waters

When we speak of women and girls, we speak about them as sacred life givers as they bring forth new generations through the nurturing of spiritual beings into existence as human beings. Each one of us was born from a woman and so women are at the centre of community and are considered the heart of a nation. Historically, women were community leaders. Nothing happened in a community without women and girls being present. Through colonization though, the roles of women were diminished as men became viewed as superior. Women were forced to be submissive and to give up their places of power and leadership and so violence became rampant amongst our people. Our women were not considered sacred anymore. Our girls were not given that opportunity to develop into mothers and grandmothers and great grandmothers because their life was not considered valuable. They did not have the opportunity to continue walking on this earth as a human being, as a life giver, and as the heart of the nation. Even though the people who disregard women all were brought into the world by mothers, something has made them disrespect women and girls. Their seeking for power, superiority, and all the attention means that the heart of our nations was destroyed. When women and girls go missing this means another generation will not come into existence as these young girls will never nurture a child, and these women will never grow into grandmothers. It is a way of eliminating us.