

# **FORENSIC TOXICOLOGY: FROM CRIME SCENE TO VIRTUAL LAB**

MODULE 1

CHAPTER 6: Volatile Organic Compounds (VOCs)



# Forensic chemist Maiken Ueland examines emissions from human remains

University of Technology Sydney scientist explains how volatile organic compounds from human decomposition can help find victims of crimes and mass disasters



## ENVIRONMENT

# Scientists search for death's aroma

Identifying the unique volatile compounds emanating from human corpses could aid cadaver searches after natural disasters and in homicide cases



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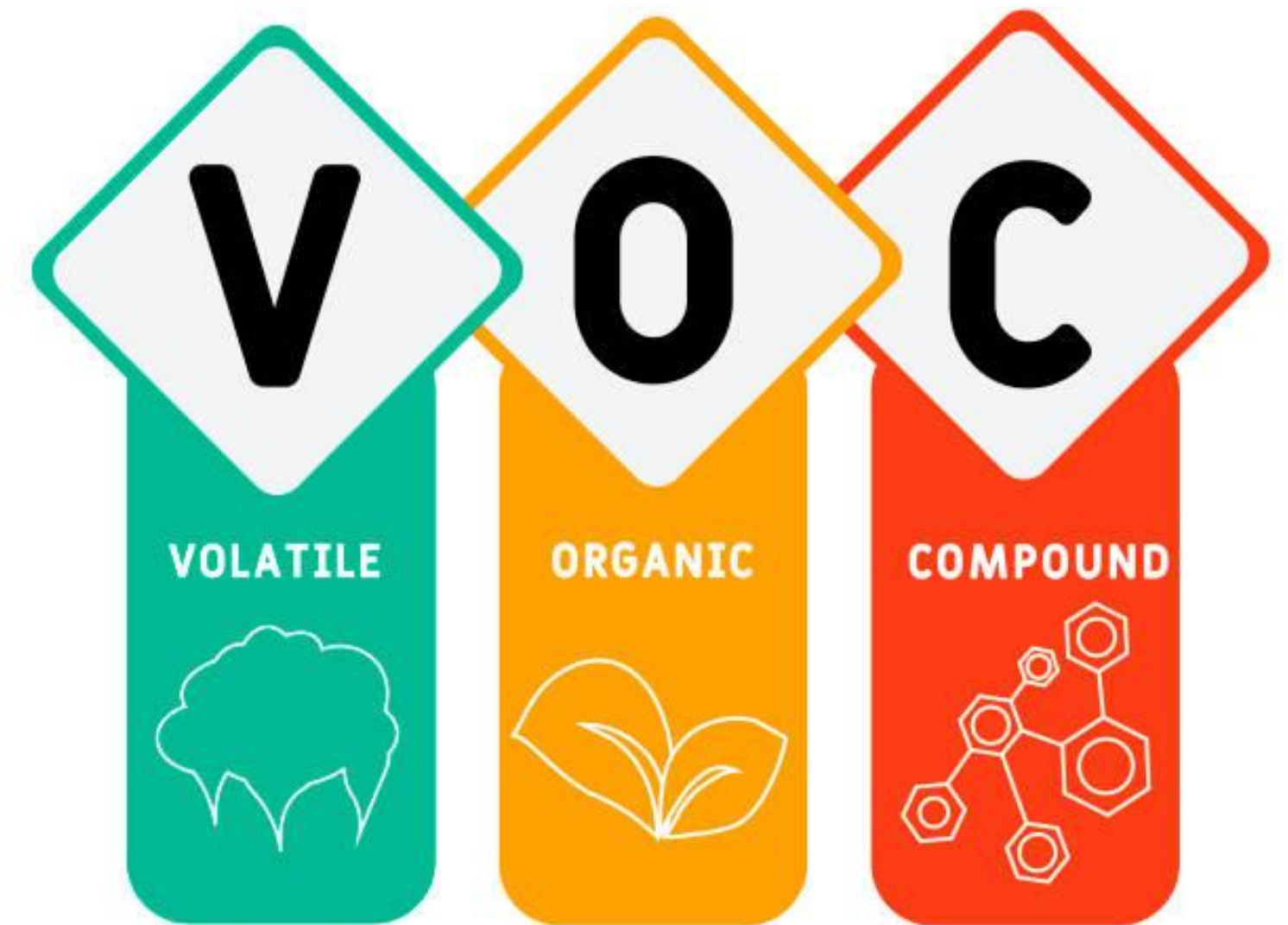
01.

**INTRODUCTION**

# 01.

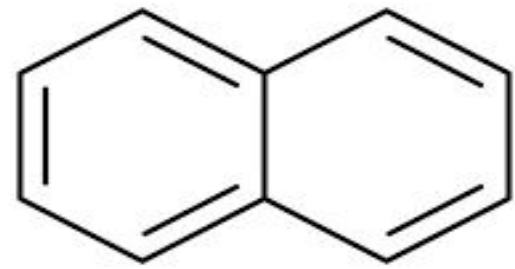
## WHAT ARE VOLATILE ORGANIC COMPOUNDS?

- Volatile organic compounds (VOCs) are gases and vapours that are emitted into the air by products or processes
- Some are harmful by themselves, and can cause cancer
- In addition, they can react with other gases and form other air pollutants after they are in the air
- VOCs are also emitted during human decomposition

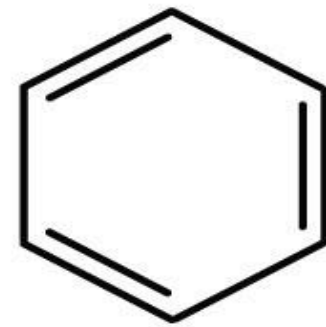


# 01.

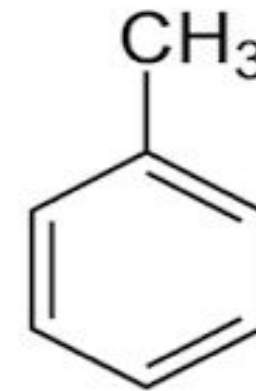
## EXAMPLES OF VOCS



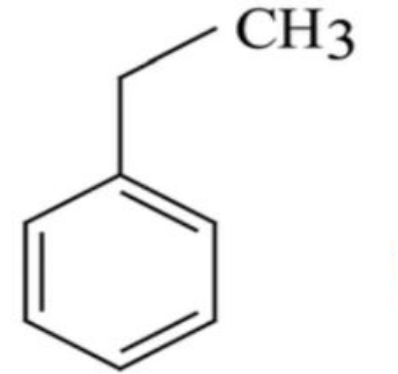
Naphthalene



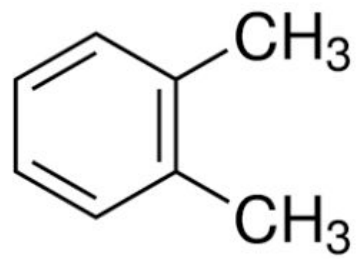
Benzene



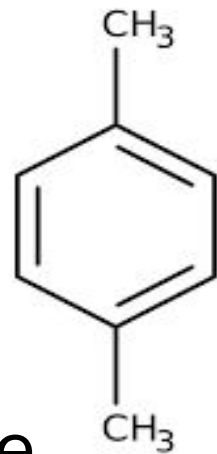
Toluene



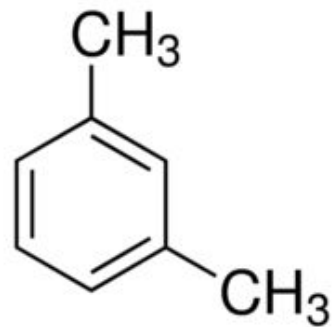
Ethylbenzene



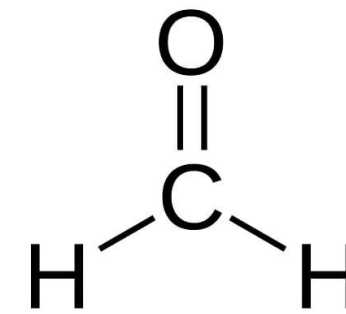
*o*-xylene



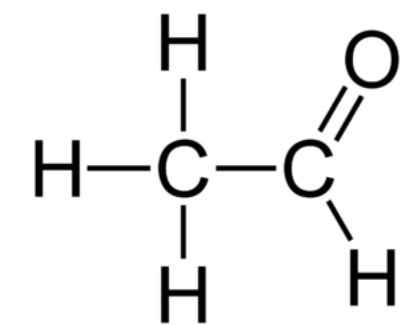
*p*-xylene



*m*-xylene



Formaldehyde



Acetaldehyde

02.

**SOURCES OF  
VOCS**

# 02.

## SOURCES OF VOCs

### Activities

- Tobacco smoke
- Dry-cleaned clothing
- Glues & Permanent markers
- Wood burning stoves
- Office printers and copiers



### Building Materials

- Paint
- Varnishes & Finishes
- Caulks & Sealants
- Adhesives
- Flooring & Carpet



### Outdoor Sources

- Gasoline
- Diesel emissions
- Wood burning
- Oil and gas extraction and processing
- Industrial emissions



### Home & Personal Care

- Cleaners & Disinfectants
- Furniture
- Pesticides
- Air fresheners
- Cosmetics & Deodorants
- Fuel oil, gasoline

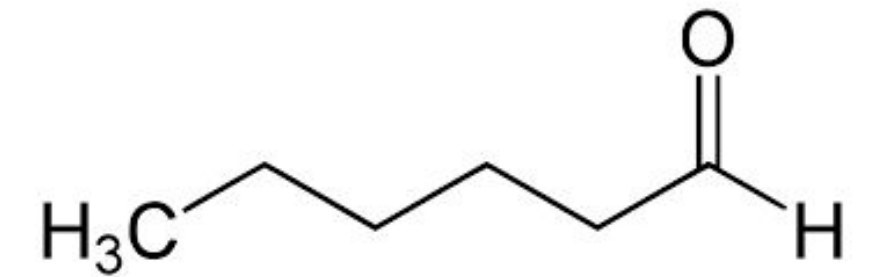


# 02. VOCs FROM DECOMPOSITION

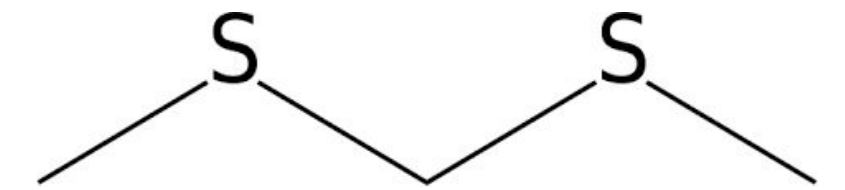
The odor of decomposition is now associated with a **wide range** of VOCs

The most commonly reported VOCs from decomposition odor are **polysulfide compounds** including **dimethyl sulphide (DMS)**, **dimethyl disulphide (DMDS)** and **dimethyl trisulfide (DMTS)**

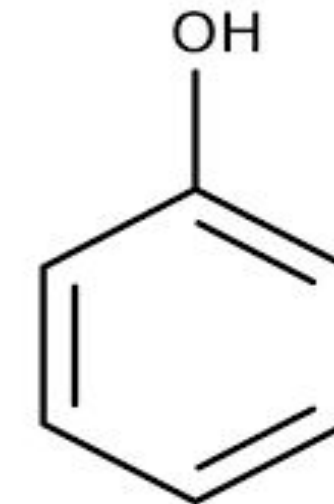
Other common compound classes include **ketones**, **phenols**, **indoles**, and **aldehydes**



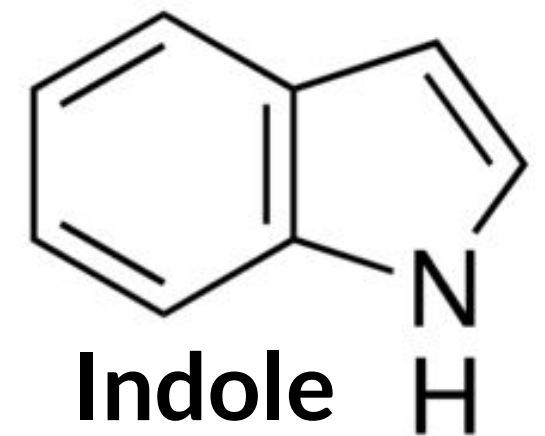
Hexanal



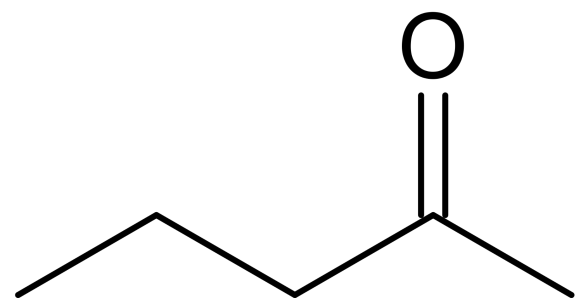
2,4-dithiapentane



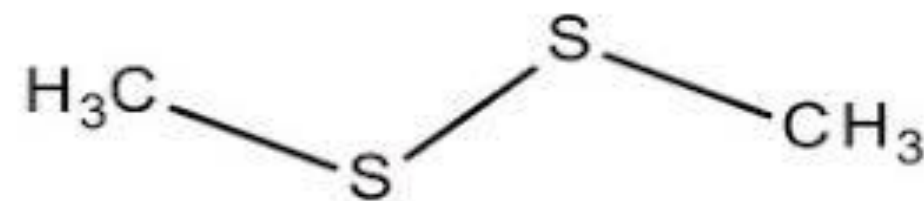
Phenol



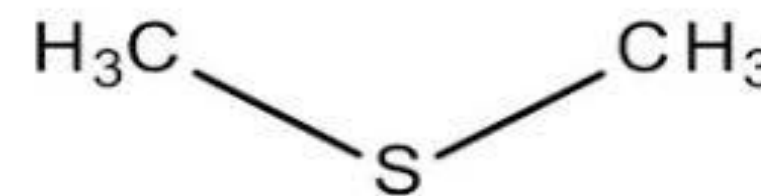
Indole



2-pentanone



Dimethyl disulfide



Dimethyl sulphide

03.

**FORENSICS  
OF VOCS**

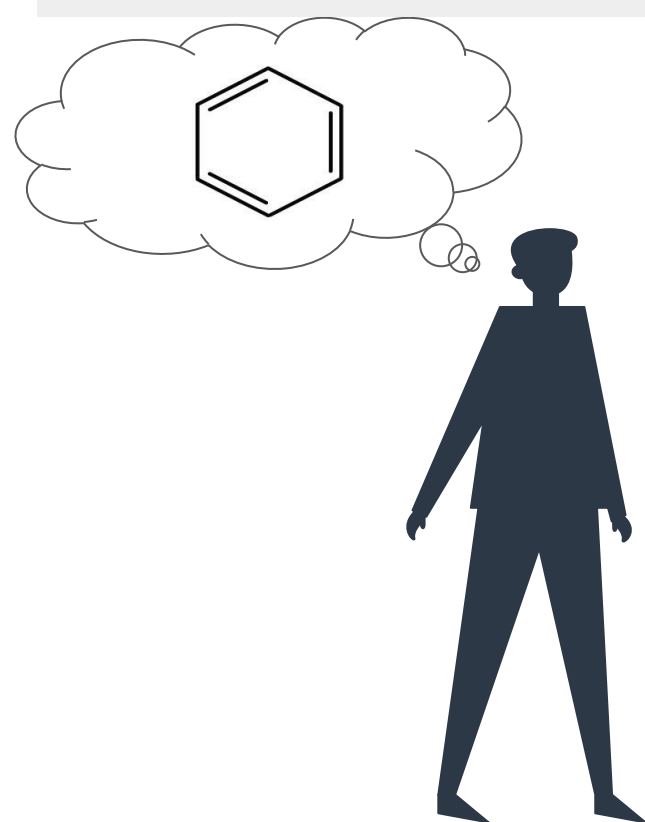
# 03.

## ABUSE OF VOLATILE ORGANIC COMPOUNDS

A concerning aspect of human exposure to the vapour of volatile substances is the **deliberate self administration** in order to achieve intoxication



The potential of VOCs to be abused is directly related to their ability to produce **intoxication**



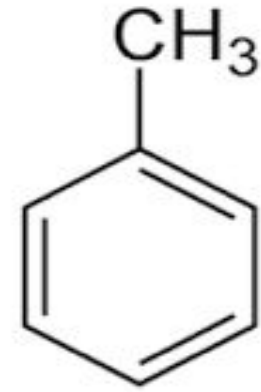
Repeated abuse may result in **psychological dependence** or other harmful effects

If inhaled or ingested in sufficient quantities, many VOCs can produce effects similar to those of **central nervous system depressants** such as ethanol and barbituants



# 03.

## ABUSE OF VOCS



### What does it look like?

Many common glues, gases, and aerosols which, when inhaled, can cause harm, including butane gas lighter refills, air fresheners, tubes of glue, and cleaning fluids

### How do people take it?

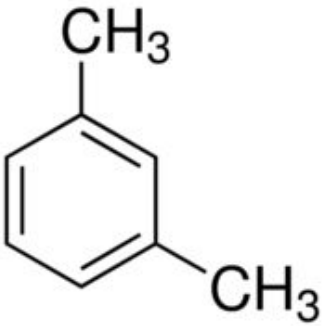
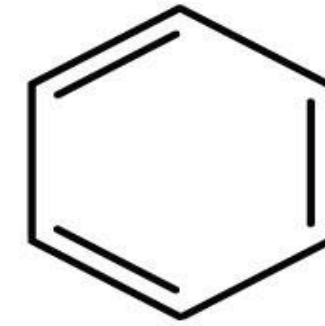
VOCS are often inhaled from a container or holder. It is difficult to control the dose, and could result in fatality. The risk increases if this is done in an enclosed space.

### How does it feel?

VOCS are depressants, meaning they slow down the brain and body's responses and produce a similar effect to that of alcohol. Effects vary from person to person and depend on the specific VOC used.

### How does it make people behave?

Inhalation of VOCS can cause mood swings, aggressive behaviour, hallucinations, vomiting, and blackouts





# 03.

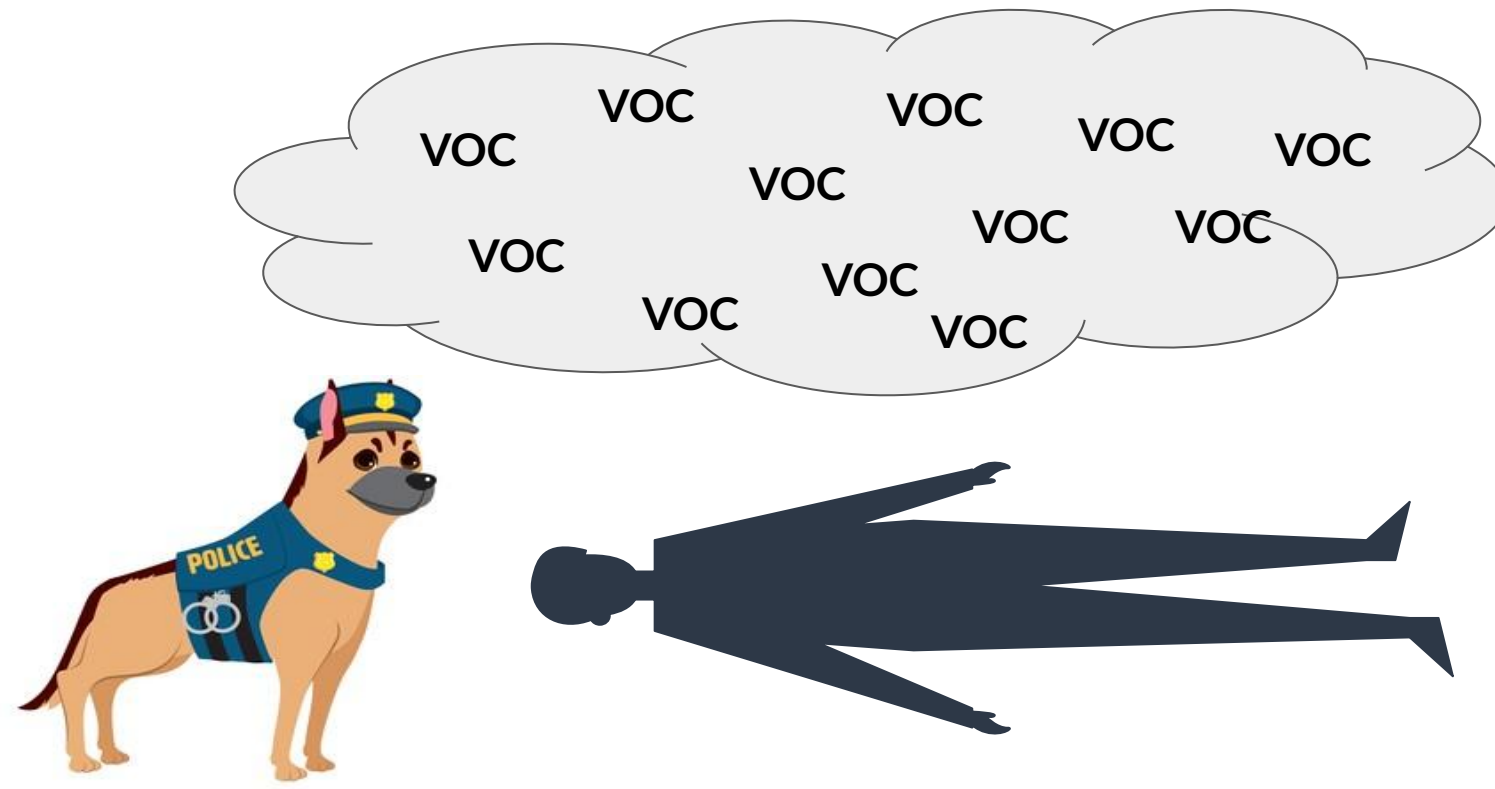
## DECOMPOSITION AND VOCS

1

The process of decomposition produces a **variety of chemicals** as soft tissues and their component parts are degraded.

2

These decomposition byproducts include **VOCS** responsible for the **odour** of decomposition



3

Human remains detection (HRD) canines use this **odour signature** to locate human remains during police investigations and recovery missions in the event of a mass disaster

4

Currently, it is **unknown** which **compounds** or **combinations of compounds** are **recognized** by the HRD canines

6

This profile is comprised of numerous chemical families, particularly **alcohols, carboxylic acids, aromatics** and **sulfides**

5

GCxGC-TOFMS has been used to generate a **characteristic profile** of decomposition VOCS across the various stages decomposition.

04.

**EFFECTS OF VOCS  
ON THE BODY**

04.

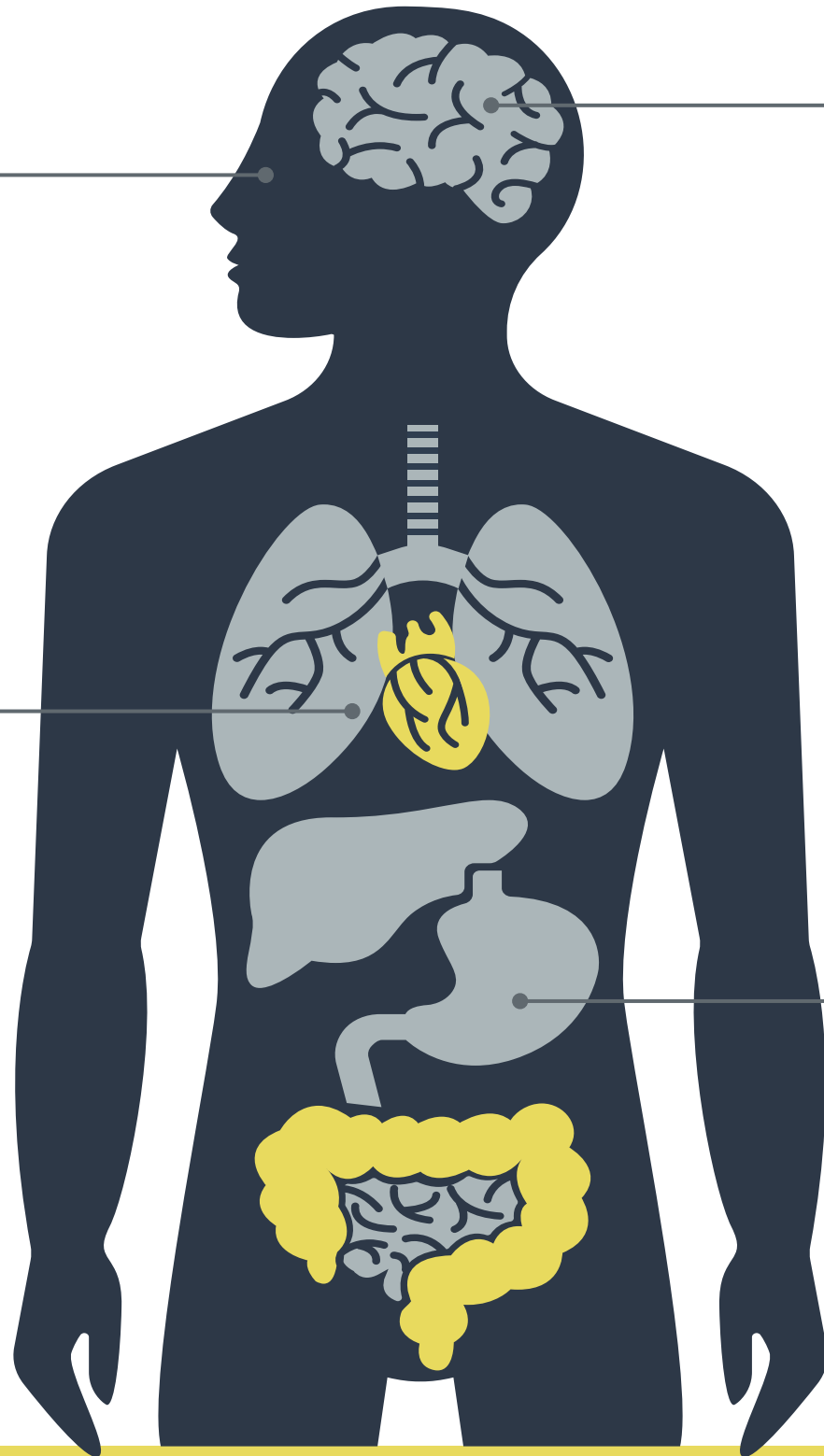
# SHORT TERM EFFECTS

Eye, nose and  
throat irritation

Headaches,  
dizziness

Worsening asthma  
symptoms

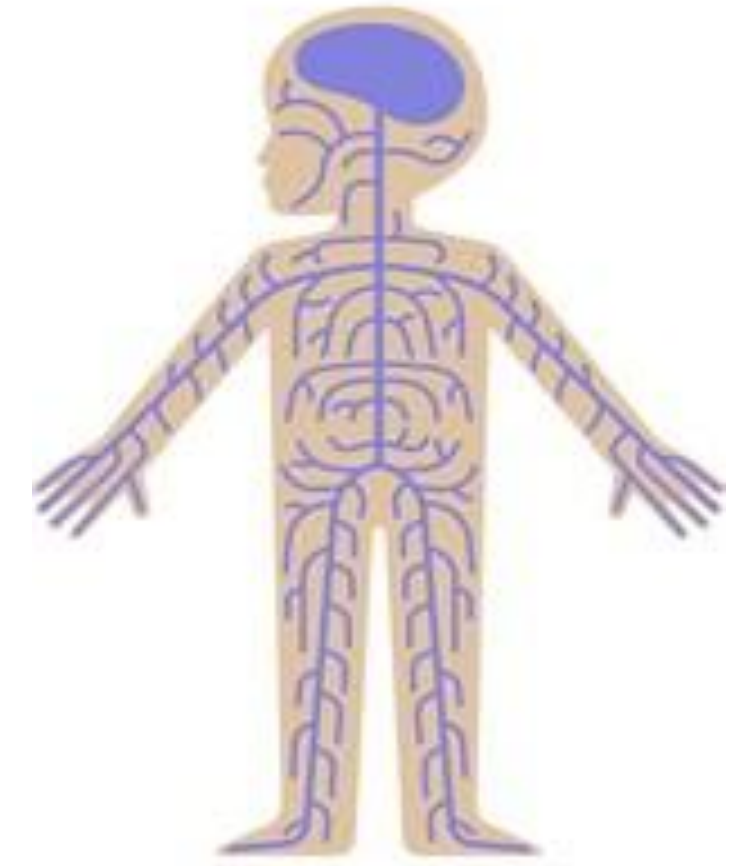
Nausea and  
vomiting



04.

# LONG TERM EFFECTS OF VOCS

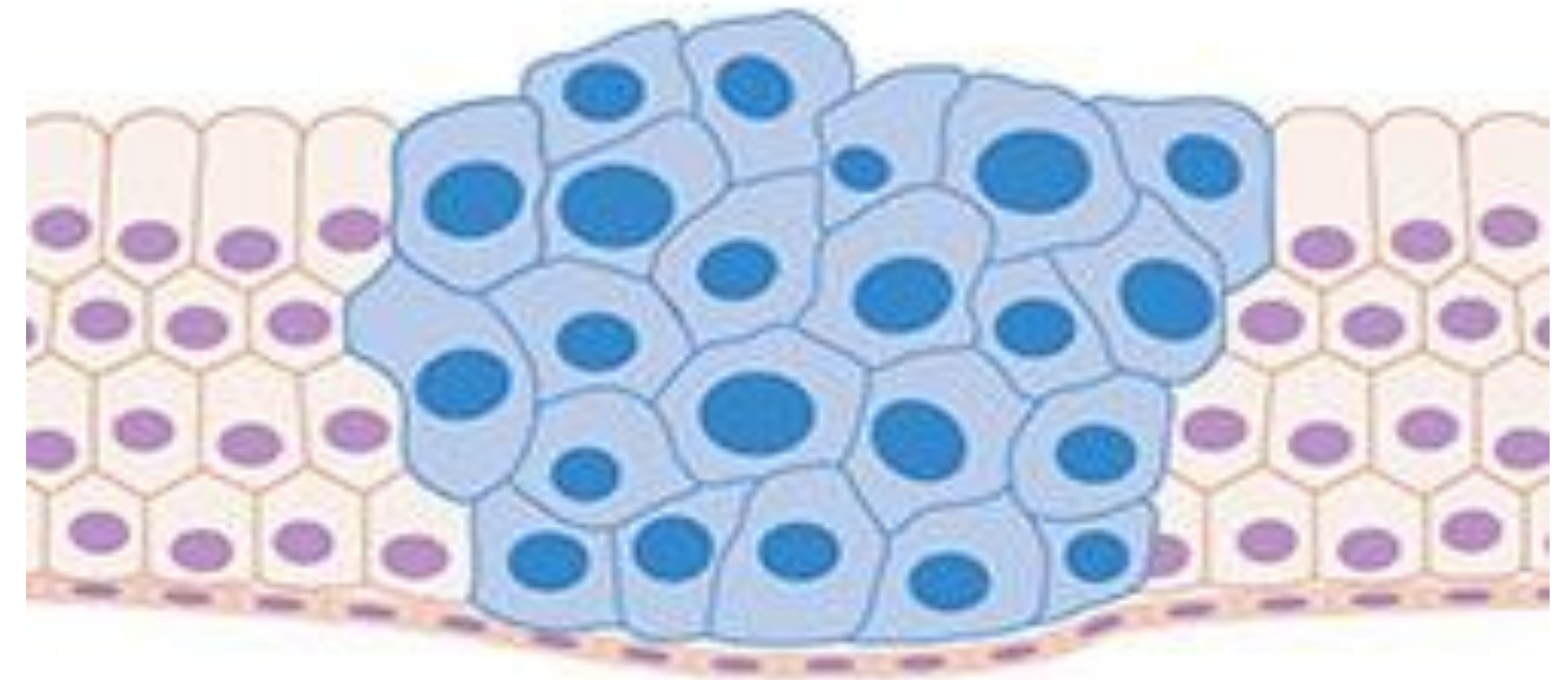
Chronic exposure  
(years to a lifetime)



Liver and kidney damage



Central nervous system damage



Cancer

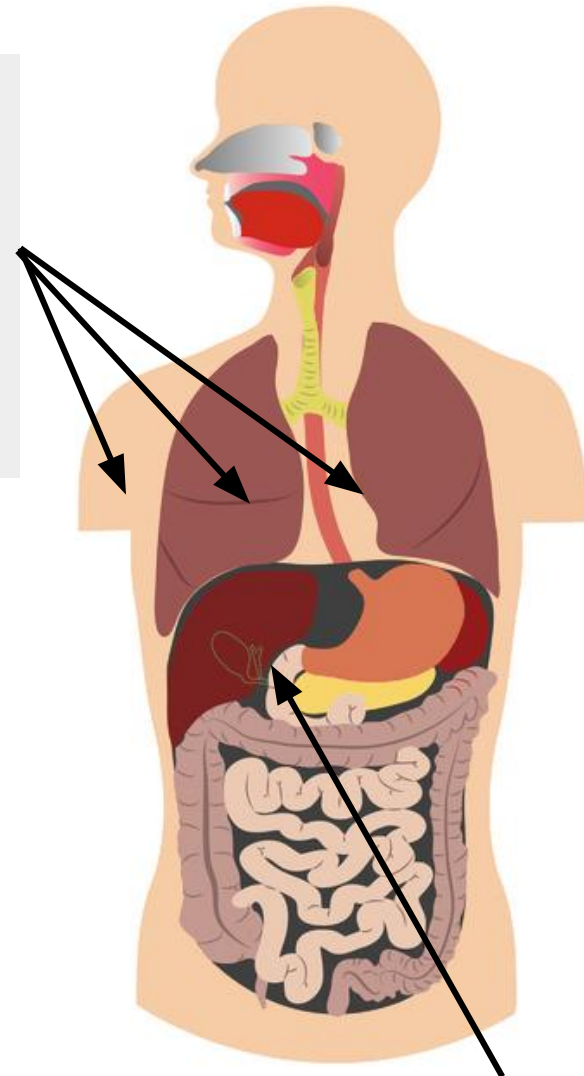
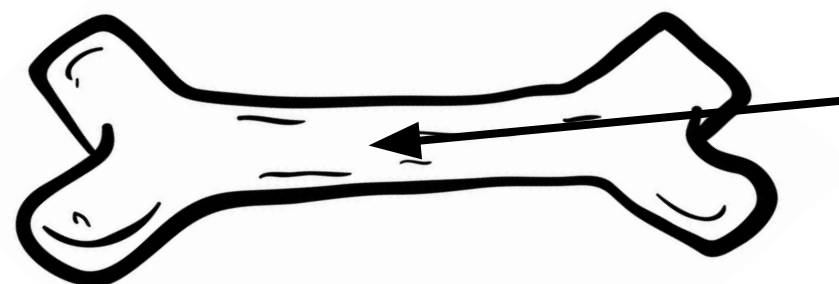


# 04.

## EFFECTS OF BENZENE

Benzene can enter the body through your **lungs, GI tract,** and across the **skin**

Once in the bloodstream, benzene travels throughout your body and can be temporarily stored in the **bone marrow** and **fat**

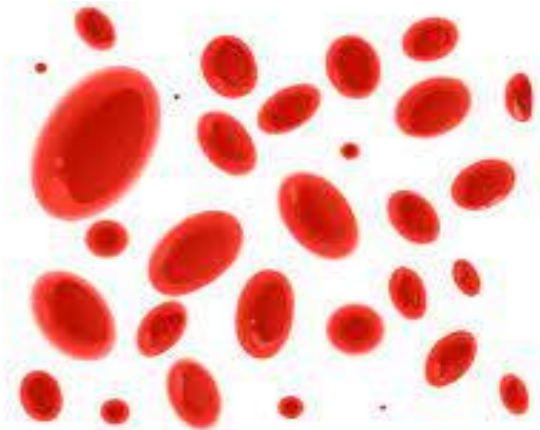


Benzene is converted to metabolites in the **liver** and **bone marrow**. Some of the harmful effects of benzene exposure are caused by these **metabolites**

### Benzene causes cells to not work correctly

1

It can cause bone marrow not to produce enough **red blood cells**, which can lead to **anemia**



2

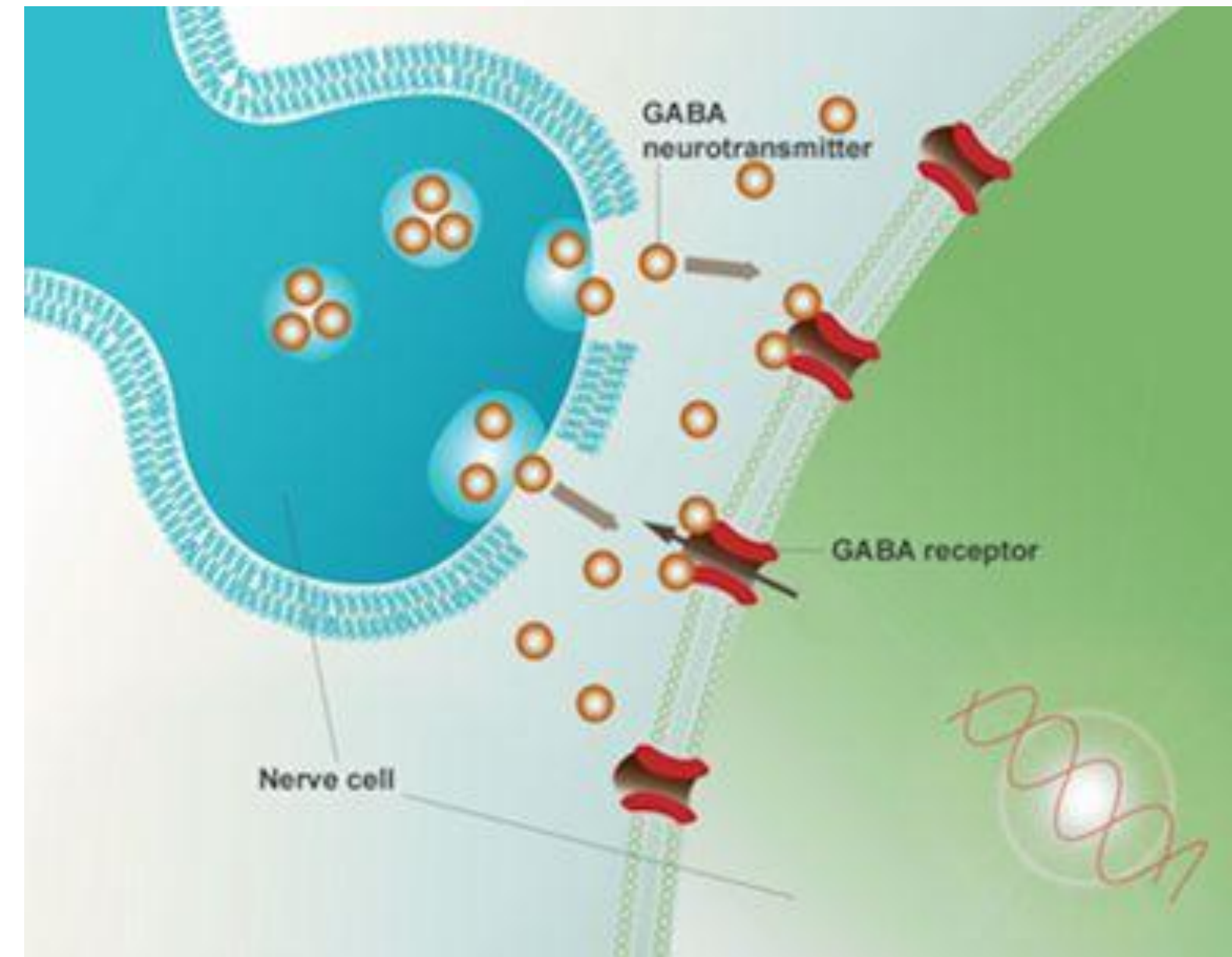
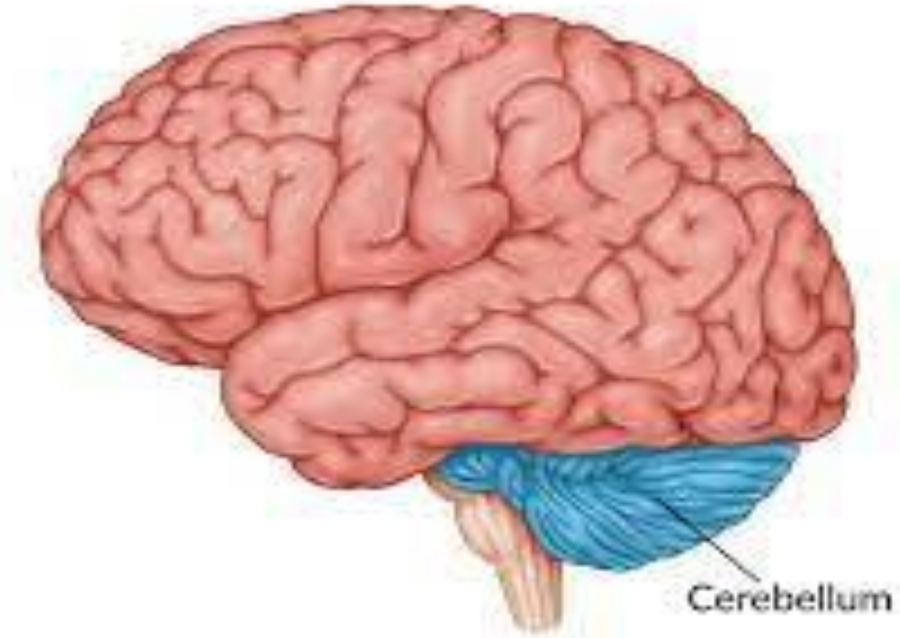
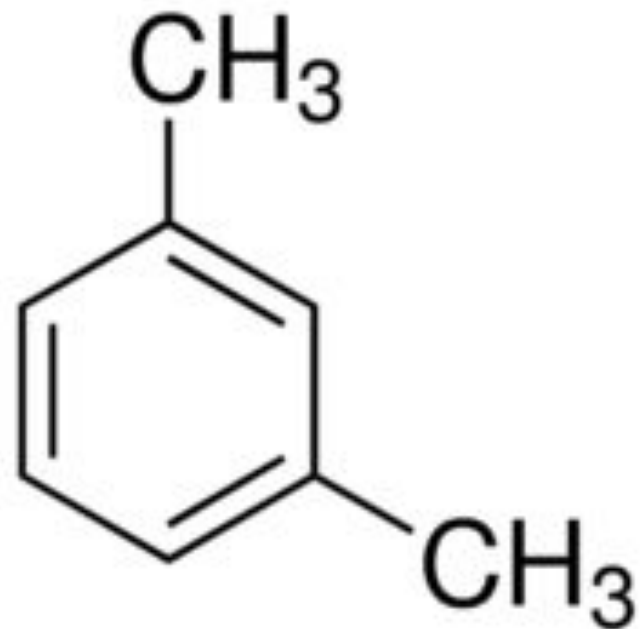
It can also damage the **immune system** by changing blood levels of antibodies and causing the **loss of white blood cells**



# 04.

## MECHANISMS OF TOXICITY - XYLENE

- 1 High concentrations of **m-xylene** in the **cerebellum** has been associated with increased GABA<sub>A</sub> release and/or enhanced GABA receptor function, consequently **increasing the receptor binding activity of GABA<sub>A</sub>**
- 2 The increased receptor binding activity of GABA<sub>A</sub> in the cerebellum is consistent with the **adverse effect of m-xylene on motor coordination**

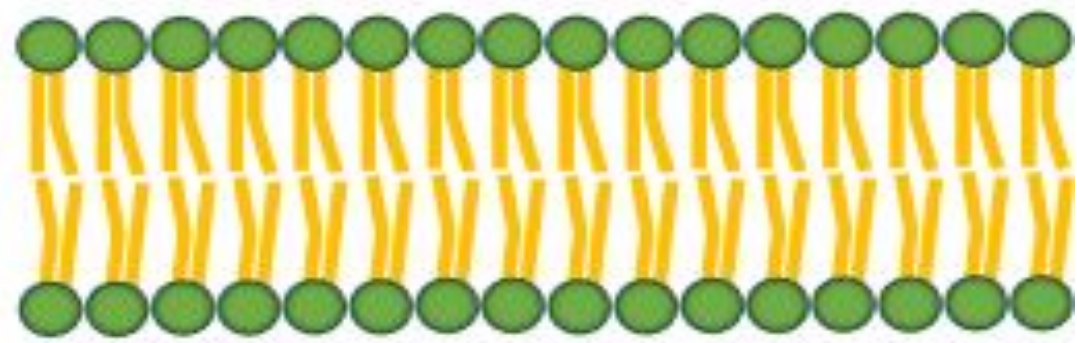




# 04.

## MECHANISMS OF TOXICITY - XYLENE

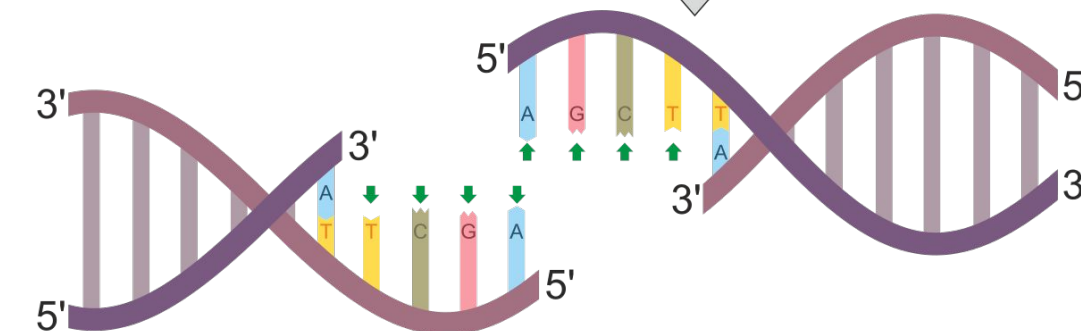
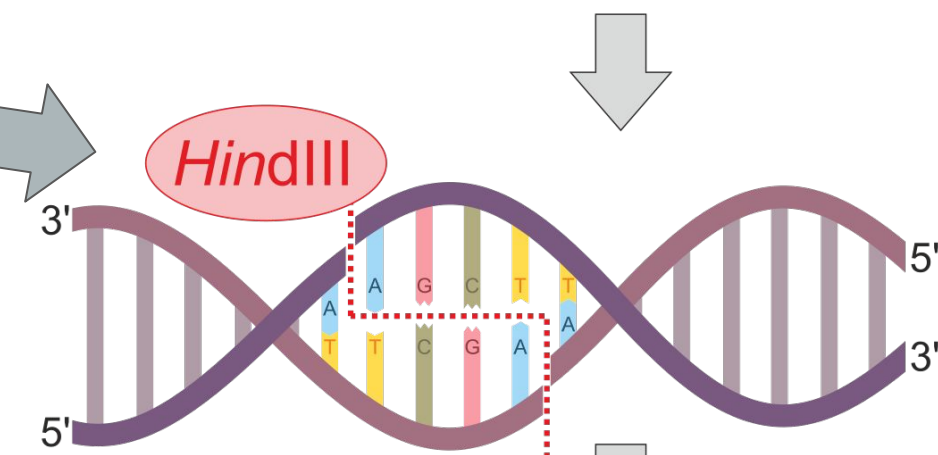
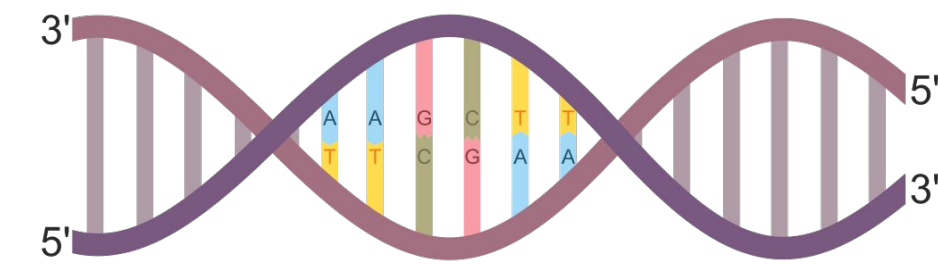
The **lipophilic** effects of xylene, which **dissolve lipid membranes**, are responsible for the irritant effects on the **eyes, mucous membranes and skin**



The lipophilicity of xylene is also responsible for its **narcotic and anaesthetic** properties



Xylene may impair the integrity of cell membranes, causing the **release of nucleases** from membrane bound **lysosomal stores**, resulting in the **fragmentation of DNA**.



This process appears to be associated with **cell death**.

05.

**PHARMACOKINETICS  
OF VOCS**



# 05. PHARMACOKINETICS

Exposure is **NOT** a static process

Internal dose levels change with time depending on many **physical, chemical, and metabolic** processes

The rate that VOCs enter and leave the body through the lungs is a function of the partitioning of the individual compounds between **lipid** and **aqueous** sites in the body



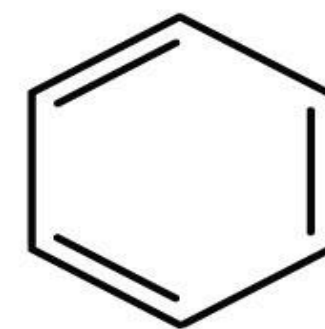
Compounds that are **lipophilic** will be eliminated **quickly**



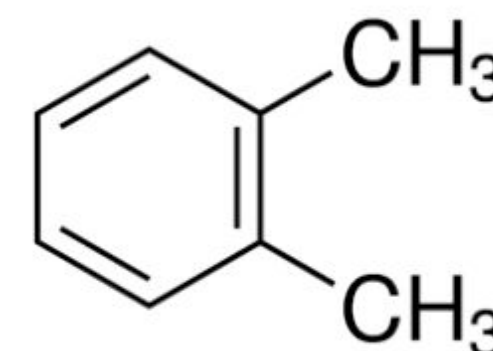
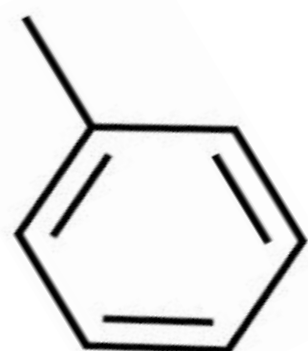
Compounds with **greater lipid solubility** will deposit in fat and be eliminated **slowly**

# 05.

## Pharmacokinetic data of some volatile compounds



Compound	Inhaled dose absorbed (%)	Proportion absorbed dose eliminated unchanged (%)	Proportion absorbed dose metabolized (%)	Half-life (h)
Benzene	46	12	80	9-24
Toluene	53	<20	80	7.5
Xylene	64	5	>90	20-30

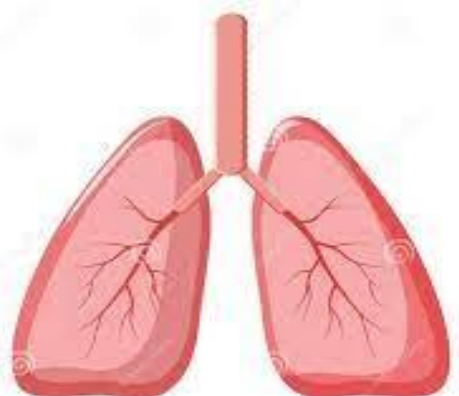


# 05.

## ABSORPTION OF TOLUENE



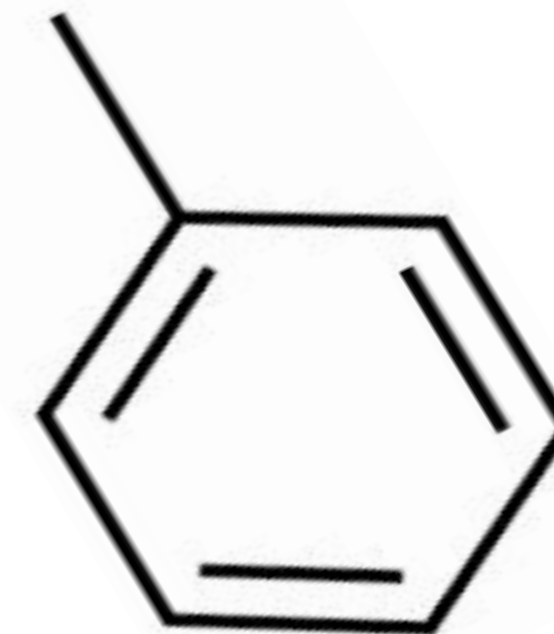
Nearly 100% of toluene is absorbed following a single oral exposure



Studies have reported an average uptake (percent inspired air) of about 55% in subjects exposed to 300 mg/m<sup>3</sup> for 2 hours, and the value dropped to 50% during the next 2 hours of exposure at rest



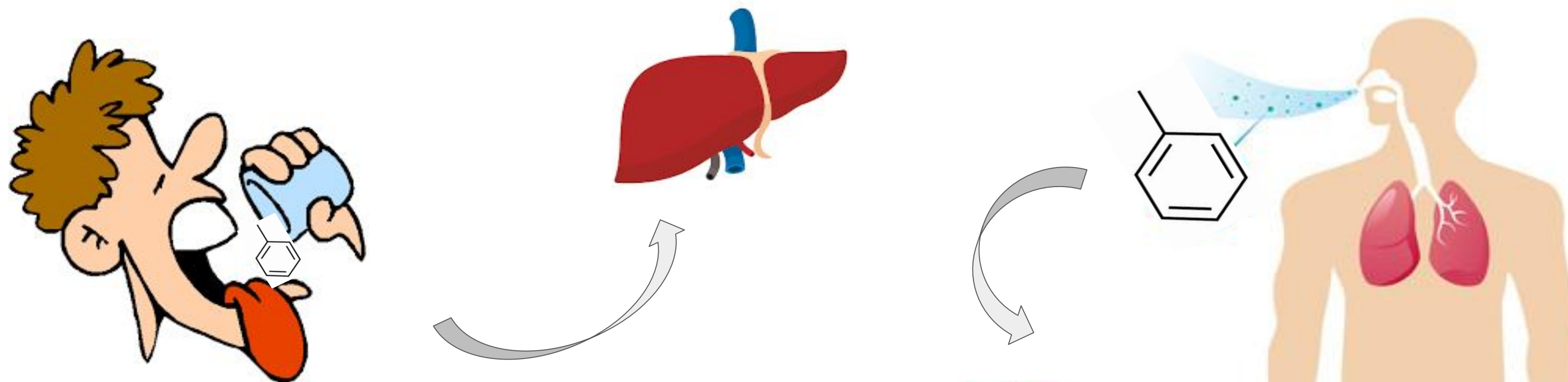
Toluene is absorbed slowly through the skin, with absorption rates ranging from 14 to 23 mg/cm<sup>2</sup> per hour



05.

# DISTRIBUTION OF TOLUENE

Toluene that is absorbed into the **blood** is distributed throughout the body



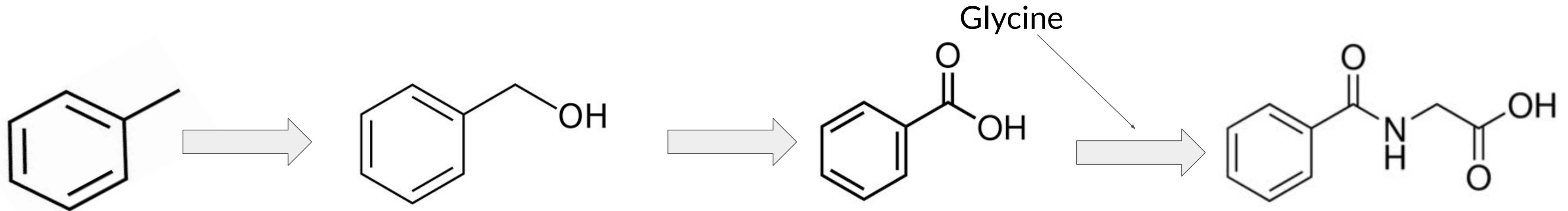
Following **oral exposure**, the **liver** contains the greatest concentrations of toluene

More toluene accumulates in the **brain** than the liver following **inhalation exposure**



05.

# METABOLISM OF TOLUENE



Toluene

Benzyl alcohol

Benzoic acid

Hippuric acid

1

The primary route of **toluene** metabolism begins with the **hydroxylation** of the methyl group to form **benzyl alcohol**

2

**Benzyl alcohol** is then **oxidized** to **benzoic acid**

3

Finally, **benzoic acid** is conjugated with **glycine** to form **hippuric acid**

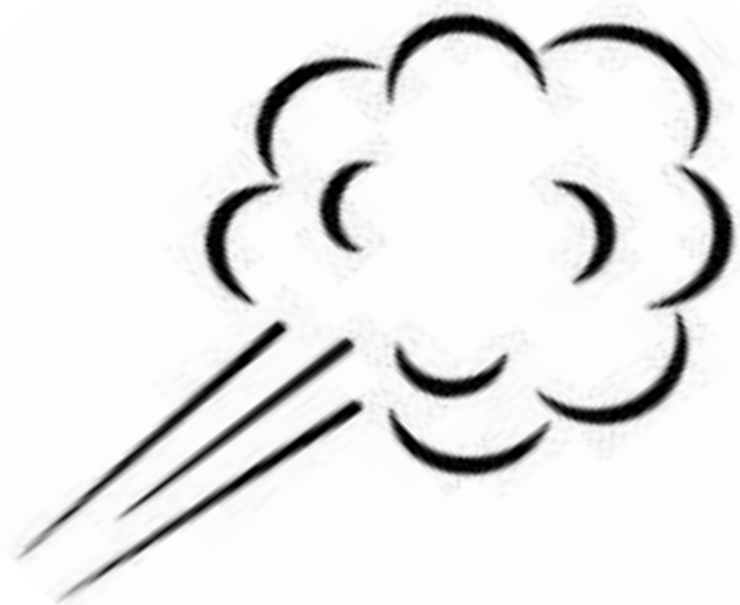
06.

**VOCS IN  
BIOLOGICAL FLUIDS**

06.

## ELIMINATION OF TOLUENE

The majority of toluene in the body is eliminated in the **urine**, mainly as metabolites



A lesser, but significant amount of inhaled toluene is removed in **expired air**



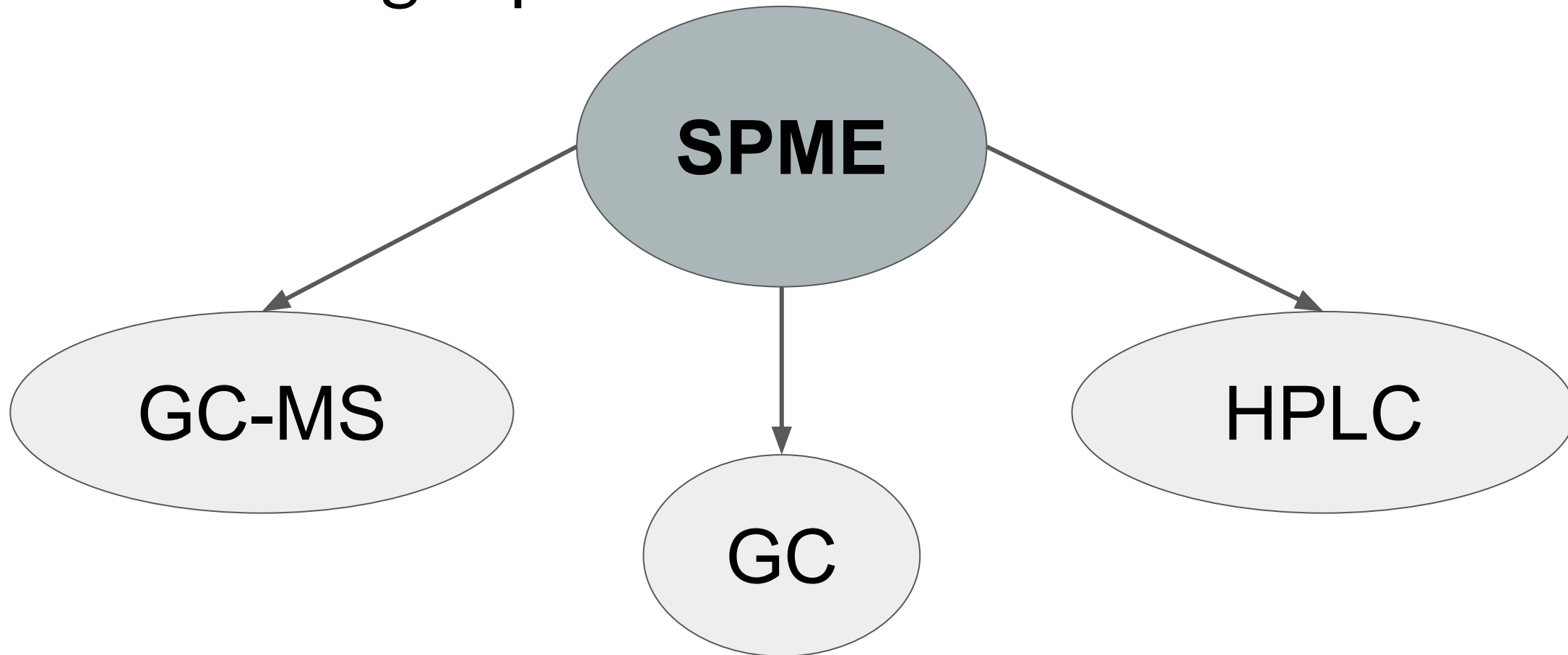
The release of toluene from the **adipose tissue** has a half-life of **80 hrs**, meaning toluene can be detected in the **blood** up to **two weeks** following exposure

Elimination from the **blood** is rapid with three-phase elimination half times of **3, 40, and 738 min** following a **single inhalation exposure**

# 06.

## DETECTION OF BENZENE USING IN BLOOD AND URINE

Benzene and its major metabolite phenol can be detected in the blood and the urine following exposure to benzene



LOD (ng / 0.5 mL)



Blood	Urine
Benzene = 5	Benzene = 2
Phenol = 10	Phenol = 5

The limit of detection for benzene and phenol using SPME-GC is **lower** in urine than **blood**

Benzene and phenol can be extracted from **blood** and **urine** using headspace solid-phase microextraction (SPME), and are analyzed using gas chromatography (GC), high-performance liquid chromatography (HPLC), and gas chromatography-mass spectrometry (GC-MS)



06.

# METHODS TO DETECT, IDENTIFY, AND QUANTIFY VOCS

**FID**  
Flame Ionization  
Detector

**ECD**  
Electron Capture  
Detector

**MS**  
Mass Spectrometry

**GC**



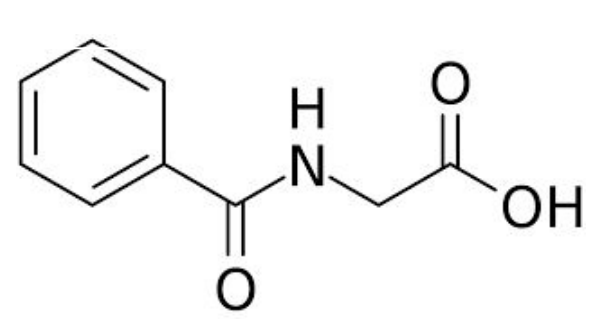
Gas chromatography (GC) can be paired with one of three detectors to **detect, quantify, and identify** volatile organic compounds in **biological samples**, mainly the **blood, breath, and urine**

# 06. DETECTION OF TOLUENE

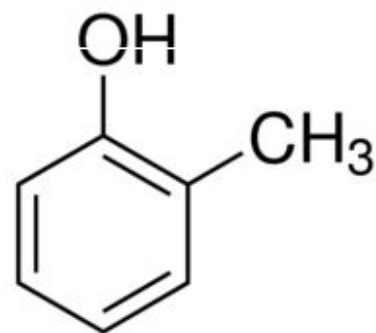
Measurements of toluene in **blood** and **exhaled air** provide evidence of **toluene exposure**



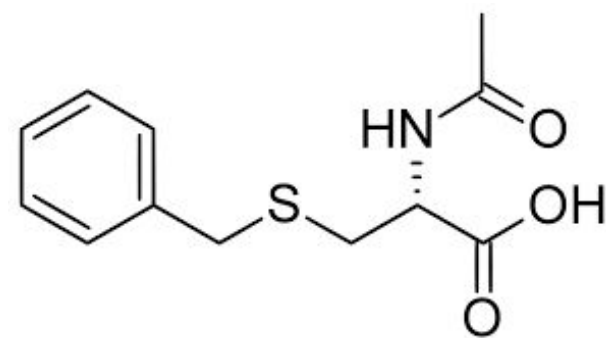
Toluene and its **metabolites** in the **urine** can also be used to monitor toluene exposure



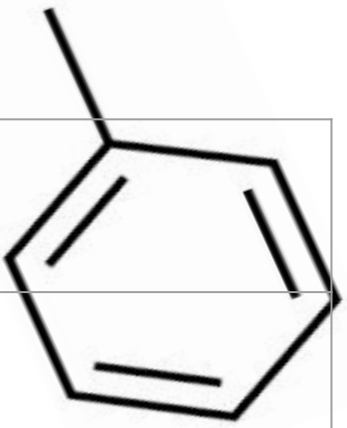
Hippuric acid



*o*-cresol



Benzylmercapturic acid



Sample Matrix	Method
<b>Blood</b> (toluene)	GC
<b>Breath</b> (toluene)	GC/FID
<b>Urine</b> (toluene)	GC/FID, HPLC, 1H NMR
<b>Urine</b> (Hippuric acid)	HPLC/UV
<b>Urine</b> ( <i>o</i> -cresol)	HPLC/UV
<b>Urine</b> (Benzylmercapturic acid)	HPLC/FI

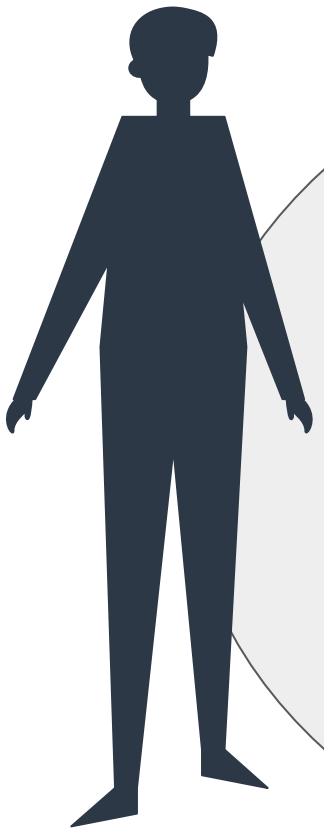
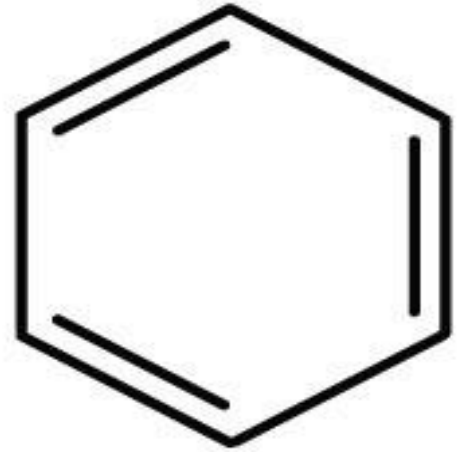
There are a variety of methods used to detect toluene and its metabolites in biological matrices

07.

**CANLII CASE  
STUDY**

07.

# WORKPLACE SAFETY AND INSURANCE APPEALS TRIBUNAL DECISION NO. 887/17



## Issue

The worker seeks entitlement for **myelodysplastic syndrome (MDS)**

## Background

The worker, a heavy equipment operator, was **diagnosed with MDS** in 2005 at 73 years old. His previous claim of entitlement for his MDS condition was denied. He claimed this condition was a **result of workplace exposure**. The worker passed away in March 2013 as a **result of MDS**. The current appeal is initiated by a representative

## Initial Findings:

1. There is **some evidence** of correlation between exposure to **diesel exhaust** and the **development of MDS**.
2. **Benzene** is the component identified as being associated with the development of MDS





# 07.

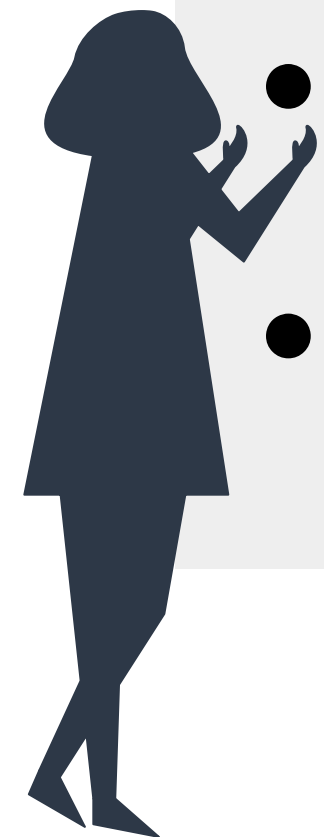
## EXPERT REPORT



Dr. Verma gave a report regarding the claim that the worker's MDS was a result of workplace exposure

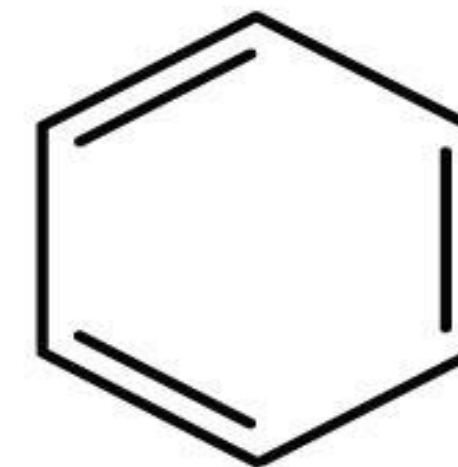
### Main Points:

- **Unable** to find a mortality or morbidity study specifically dealing with **heavy equipment operators** and **MDS**
- **Benzene** levels in **diesel fuel** are quite **low**, ranging from 0.006 to 0.02%
- The worker's exposure was likely 0.005 ppm, about **1/50th** of the level associated with **increased risk of MDS**
- No known cause of MDS, but **risk factors** include **smoking**, and the worker smoked for **25 years**



# 07.

## OUTCOME



It was concluded that the worker **does not have entitlement** for MDS. Dr. Verma's report was heavily relied upon, and this report indicates a **lack of evidence** to support a relationship between the worker's occupation and the development of MDS. The worker's workplace exposure to **benzene** was **very minimal** as compared to what would lead to the development of MDS.



08.

**LIST OF  
REFERENCES**

# 08.

## REFERENCES

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2. [Forensic chemist Maiken Ueland examines emissions from human remains](#)
3. [Volatile Organic Compounds | American Lung Association](#)
4. [Odor of Death: An Overview of Current Knowledge on Characterization and Applications | BioScience | Oxford Academic](#)
5. [VOLATILE SUBSTANCE ABUSE](#)
6. [Glues, gases and aerosols | Effects and Risks | FRANK](#)
7. [Analysis of the Volatile Organic Compounds Produced by the Decomposition of Pig Carcasses and Human Remains](#)
8. [Volatile Organic Compounds \(VOCs\) in Your Home - EH: Minnesota Department of Health](#)
9. [TOXICOLOGICAL PROFILE FOR BENZENE](#)
10. [Facts About Benzene](#)
11. [TOXICOLOGICAL PROFILE FOR XYLENE](#)
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18. [Volatile Organic Compounds \(VOC\) Analysis | Thermo Fisher Scientific - US](#)
19. [Toxicological Profile for Toluene](#)
20. [Decision No. 887/17, 2018 ONWSIAT 718 \(CanLII\)](#)